



THE BENFLEET 15

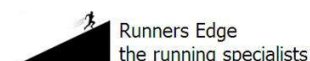
SUNDAY 15TH JANUARY 2017



It has a challenging 15 mile, multi-terrain course, incorporating sections of the Canvey Island sea wall, and the undulating Hadleigh Downs, therefore it is not suitable for spikes or wheelchair competitors.



	ENTER ONLINE www.benfleetrainingclub.com/benfleet15	
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Raced under UK rules of Competition – UKA Licence 2017-23542

Hadleigh Park, Chapel Lane, Hadleigh, Essex, SS7 2PP

Apologies, but the venue have enforced a £4 per runner Venue Hire Fee, which includes car parking.

This is now included in your race entry fee

Awards to 1st three Men and 1st three Ladies. 1st three vets (O/40), and 1st three Lady Vets (O/35), 1st vet Man (O/50), and 1st vet Lady (O/45). 1st vet Man (O/60), and 1st Vet Lady (O/55). 1st Men's team (3), and 1st ladies team (3)

Please make cheques payable to **"BENFLEET RUNNING CLUB"** and return with a large 6"x9" SAE to
Mr T. Spooner, 1072A, LONDON ROAD, LEIGH-ON-SEA, ESSEX, SS9 3NA
e-mail B15entries@benfleetrainingclub.com postal closing date 6th Jan 2017

RACE ENTERED (please tick box)

15 Mile classic 10.30am £23 affiliated (£25 unaffiliated)

Limited Entry, entry on the day if race not full.



Quality Technical T-Shirt to all finishers.

Minimum age 18 years old.

SIZE XS, S, M, L, XL, XXL (please circle)

RACE ENTERED (please tick box)

1 mile Family Run 10am £5 per runner



Entry on the day up until 9.45am.

Medals to all finishers. 1st Boy, 1st Girl trophies.

No minimum age, but children under 10 to be accompanied.

FORENAME

SURNAME

ADDRESS

TELEPHONE/CONTACT

AGE ON RACE DAY

EMAIL

Date of Birth

Gender (delete as applic.)

Male / Female

UKA Reg. Number

Affiliated Club Name (Must be named to qualify for team prizes)

Data Protection Act The information on this form may be stored on the race organiser's computer. It may be made available to certain organisations and from time to time you may receive information about products, services and events relative to runners. **If you prefer not to receive such information please tick this box.**

DECLARATION I the undersigned, declare that I am medically fit to run and understand that the race organisers, sponsors or anyone assisting shall not be held responsible for any injury or loss caused by my participation or for any damage caused by me to other person's property.

Athlete signature (or guardian if under 18)