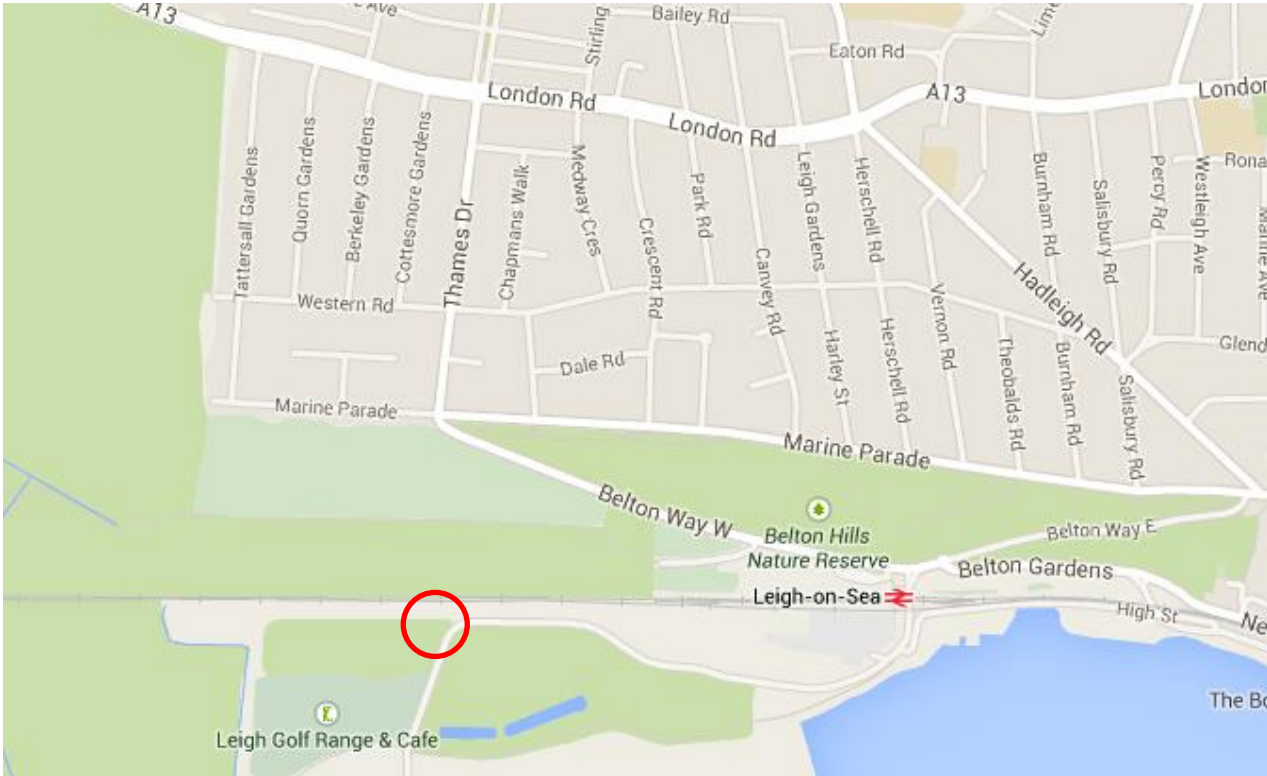


BENFLEET 15 - 15TH JANUARY 2017

WATER STATION [1] - LEIGH

Marshal Team

Thank you for volunteering to give up your time to help at the Benfleet 15.
As you know it is important to all of us to make this a really good event.



Please meet in small car park by Golf Driving Range behind Leigh Station

Please Park in small car park

The Family Run starts at 10.00 and the Benfleet 15 starts at 10.30.

We will need to get all marshal's parked and in position early to make sure the race can go off on time.

On the day please wear lots of warm clothes and be prepared for all conditions
(High Viz Marshal Vests will be provided on the day)

YOUR TEAM LEADER IS : Peter Watson (07702 137726)

JOB	LOCATION	MEET TIME
WATER STATION	9:30 am	

IN THE EVENT OF AN EMERGENCY CONTACT RACE HQ
Karl 07885 837324 / Mike 07510 645833 / Dave 07787 765556

If for any reason you are unable to make the event please let me know as soon as possible.
e-mail le65556@gmail.com Phone 07787 765556

Once again thanks for your help and remember to smile and enjoy the day ... Dave Spain

BENFLEET 15 - 15TH JANUARY 2017

WATER STATION [2] - MOORINGS

Marshal Team

Thank you for volunteering to give up your time to help at the Benfleet 15.
As you know it is important to all of us to make this a really good event.



Please Meet @ End Of Moorings Track Heading To Creek Path

Please Park along moorings track ●

The Family Run starts at 10.00 and the Benfleet 15 starts at 10.30.

We will need to get all marshal's parked and in position early to make sure the race can go off on time.

On the day please wear lots of warm clothes and be prepared for all conditions
(High Viz Marshal Vests will be provided on the day)

YOUR TEAM LEADER IS : Cynthia Thomas (07714 721428)

JOB	LOCATION	MEET TIME
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WATER STATION	10:30 am	
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IN THE EVENT OF AN EMERGENCY CONTACT RACE HQ
Karl 07885 837324 / Mike 07510 645833 / Dave 07787 765556

If for any reason you are unable to make the event please let me know as soon as possible.
e-mail le65556@gmail.com Phone 07787 765556

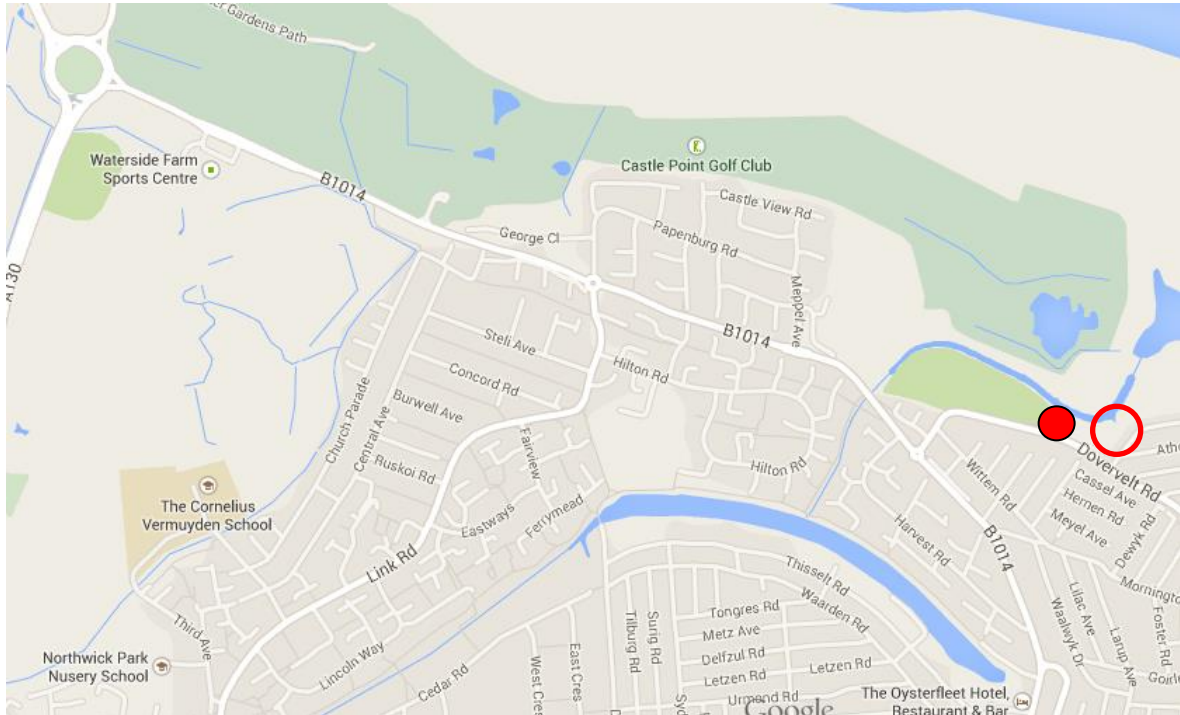
Once again thanks for your help and remember to smile and enjoy the day ... Dave Spain

BENFLEET 15 - 15TH JANUARY 2017

WATER STATION [3] – CANVEY

Marshal Team

Thank you for volunteering to give up your time to help at the Benfleet 15.
As you know it is important to all of us to make this a really good event.



Please Meet @ Canvey Rugby Club Car Park - (SS8 8EJ)

Please Park in Rugby Club Car Park ●

The Family Run starts at 10.00 and the Benfleet 15 starts at 10.30.
We will need to get all marshal's parked and in position early to make sure the race can go off on time.

On the day please wear lots of warm clothes and be prepared for all conditions
(High Viz Marshal Vests will be provided on the day)

YOUR TEAM LEADER IS : Janet / John Butcher (07773 503133)

JOB	LOCATION	MEET TIME
WATER STATION	10:30 am	

IN THE EVENT OF AN EMERGENCY CONTACT RACE HQ
Karl 07885 837324 / Mike 07510 645833 / Dave 07787 765556

If for any reason you are unable to make the event please let me know as soon as possible.
e-mail le65556@gmail.com Phone 07787 765556

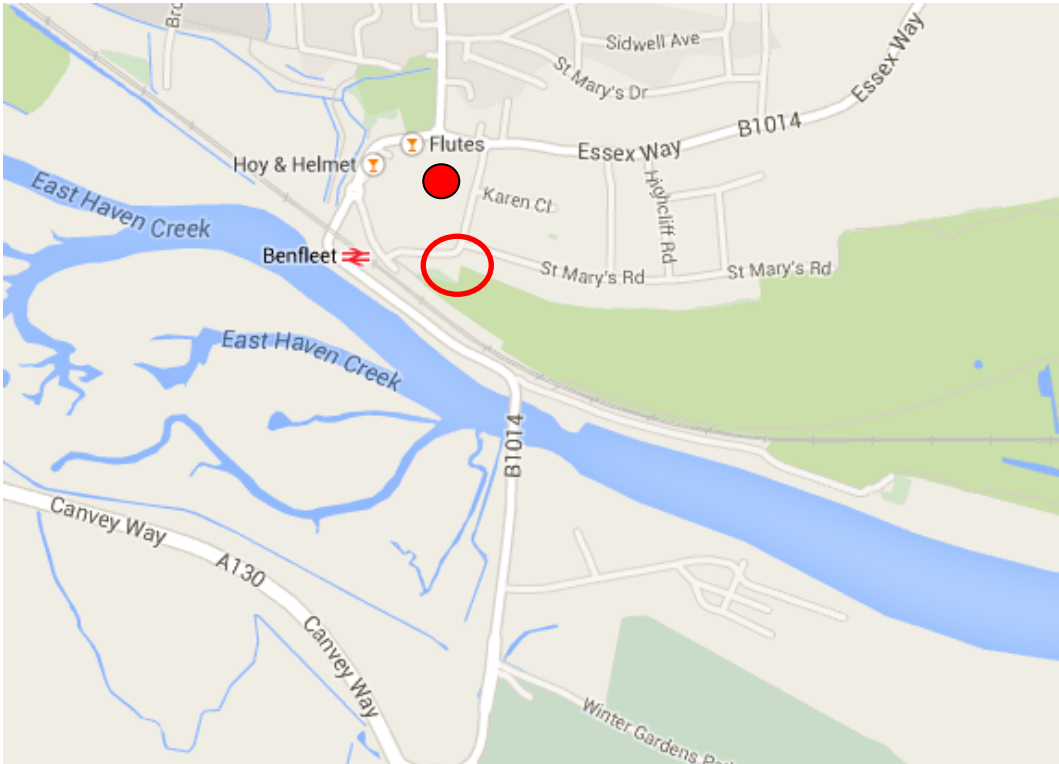
Once again thanks for your help and remember to smile and enjoy the day ... Dave Spain

BENFLEET 15 - 15TH JANUARY 2017

WATER STATION [4] - BENFLEET DOWNS

Marshal Team

Thank you for volunteering to give up your time to help at the Benfleet 15.
As you know it is important to all of us to make this a really good event.



Please Meet @ School Lane Entrance To Downs

Please Park in Station car park ●

The Family Run starts at 10.00 and the Benfleet 15 starts at 10.30.

We will need to get all marshal's parked and in position early to make sure the race can go off on time.

On the day please wear lots of warm clothes and be prepared for all conditions
(High Viz Marshal Vests will be provided on the day)

YOUR TEAM LEADER IS : Bob Chapman (07980 580852)

JOB	LOCATION	MEET TIME
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WATER STATION	10:30 am	
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IN THE EVENT OF AN EMERGENCY CONTACT RACE HQ
Karl 07885 837324 / Mike 07510 645833 / Dave 07787 765556

If for any reason you are unable to make the event please let me know as soon as possible.
e-mail le65556@gmail.com Phone 07787 765556

Once again thanks for your help and remember to smile and enjoy the day ... Dave Spain