

The

Ron Hill

# BENEFLIT 15

Results

ONE WAY

Sunday 28th January 2001



# Results of all Competitors

Place	Time	Club	Cat	Race No	Place
1	1:33:05	PROSSER PAUL	Brighton & Hove AC	Senior Men	48 1
2	1:33:27	BARKER JOHN	Havering Mayesbrook	Senior Men	759 2
3	1:34:01	JOHNSON PETER	City of Norwich AC	Vet Men 40-49	158 3
4	1:35:26	PACKER MALCOLM	Louth AC	Vet Men 40-49	157 4
5	1:35:58	PARSONS JAMIE	Newham & Essex Beagles	Senior Men	40 5
6	1:36:05	MILLS GARY	Thurrock Harriers	Senior Men	16 6
7	1:37:22	LEEMAN CHRIS	Southend A.C	Vet Men 40-49	581 7
8	1:37:54	GREEVES JERRY	St Edmunds Pacers	Senior Men	23 8
9	1:38:54	PEARCE RAYMOND	Istead & Ifield Harriers	Vet Men 40-49	159 9
10	1:39:07	MULLEY IAN	Havering 90 Joggers	Senior Men	89 10
11	1:39:17	COLLIER DAVID	Chelmsford AC	Senior Men	44 11
12	1:39:47	NOLAN RICH	Thrift Green Trotters	Senior Men	70 12
13	1:40:29	FULKER STEVE	Billericay Striders	Vet Men 50-59	472 13
14	1:40:37	MCCREIGHT JASON	Dorking & Mole Valley	Senior Men	50 14
15	1:40:47	STACEY MARTIN	Great Yarmouth RR	Vet Men 40-49	153 15
16	1:40:54	AXE GRAHAM	East Essex Tri Club	Vet Men 40-49	582 16
17	1:41:16	COOK ALAN	Southend A.C	Senior Men	753 17
18	1:42:04	MANN STUART	Verlea	Vet Men 50-59	446 18
19	1:42:54	ROBERTS STEPHEN	Paddock Wood	Senior Men	76 19
20	1:43:04	GRIMMEN DANIEL	26.2 RRC	Senior Men	45 20
21	1:43:37	BIRTHISTLE KARL	Unaffiliated	Senior Men	41 21
22	1:43:56	BINNS PETER	Southend A.C	Vet Men 50-59	440 22
23	1:44:30	MILLS VINCE	Billericay Striders	Vet Men 40-49	195 23
24	1:44:30	DAVIES PAUL	Norwich Road Runners	Senior Men	767 24
25	1:44:45	GLAZEBROOK BRIAN	Harlow RC	Vet Men 50-59	425 25
26	1:44:54	RUSSELL JAMES	Pitsea RC	Vet Men 40-49	172 26
27	1:45:52	LUCK JAMIE	Harlow RC	Senior Men	745 27
28	1:46:07	BEATTY PETER	Bishops Stortford RC	Vet Men 40-49	598 28
29	1:46:15	PELLECCHID PASQUALE	Harlow RC	Vet Men 50-59	469 29
30	1:46:18	HART GRAHAM	East Essex Tri Club	Senior Men	77 30
31	1:46:23	CALVER VINCE	Felixstowe Road Runners	Senior Men	47 31
32	1:46:38	STILES DREW	Burgess Hill Runners	Senior Men	62 32
33	1:47:26	EPSLY MATT	Benfleet RC	Senior Men	2 33
34	1:47:50	HAMER CHIP	London Heathside	Vet Men 40-49	165 34
35	1:48:08	MANSFIELD DAVID	Thrift Green Trotters	Senior Men	748 35
36	1:48:18	TYLER JOHN	Havering 90 Joggers	Senior Men	751 36
37	1:48:35	MARU TONY	Road Runners Club	Senior Men	22 37
38	1:49:00	EVERARD ROGER	Pitsea RC	Vet Men 50-59	466 38
39	1:49:36	ABREY RUSSELL	Dagenham88 Runners	Senior Men	29 39
40	1:49:57	JACKSON MARK	Castle Point Joggers	Vet Men 40-49	151 40
41	1:49:57	KISBEE MURRAY	Unaffiliated	Vet Men 50-59	456 41
42	1:50:18	POULTER GARY	East Essex Tri Club	Senior Men	26 42
43	1:50:24	BARWICK DARREN	St Edmunds Pacers	Senior Men	762 43
44	1:50:25	COOKE CHRIS	St Edmunds Pacers	Senior Men	761 44
45	1:50:34	APPLETON RUSS	Unaffiliated	Senior Men	75 45
46	1:50:42	FULLER RICHARD	East Essex Tri Club	Senior Men	6 46
47	1:51:14	ARCHER ANDREW	Istead & Ifield Harriers	Senior Men	60 47
48	1:51:54	HAINING WILLIAM	Colchester Harriers	Vet Men 40-49	182 48
49	1:52:05	BAKER GRAHAM	Road Runners Club	Vet Men 50-59	442 49
50	1:52:23	DEDMAN TIM	Bishops Stortford RC	Senior Men	71 50
51	1:52:28	ROSS PAUL	Havering 90 Joggers	Senior Men	754 51
52	1:52:42	MCPARTLIN GUY	East London Runners	Senior Men	53 52
53	1:53:26	WALKER RAY	Vegetarian AC	Vet Men 50-59	461 53
54	1:53:45	SELWYN R	Bodycare	Vet Men 40-49	200 54
55	1:53:55	MCINERNEY PAUL	Benfleet RC	Senior Men	1 55
56	1:54:03	CLARKE JOHN	Epping Runners	Senior Men	82 56
57	1:54:07	NEALE DAVID	Ryston Runners AC	Vet Men 40-49	166 57
58	1:54:45	BARRY PAUL	Southend A.C	Senior Men	85 58
59	1:55:15	DOYLE MARK	Harwich Runners	Vet Men 40-49	162 59
60	1:55:34	SMITH BARRY	Dartford Road Runners	Vet Men 50-59	471 60
61	1:55:49	SHADDOCK JOHN	Unaffiliated	Vet Men 40-49	185 61
62	1:55:56	MELROSE GRAHAM	Gravesend RR & AC	Vet Men 40-49	197 62
63	1:56:16	MANSFIELD MIKE	Southend A.C	Vet Men 40-49	580 63
64	1:56:19	WHITE ANDY	Bishops Stortford RC	Senior Men	69 64
65	1:56:23	HASKEY-JONES JAMES	New Eltham Joggers	Senior Men	763 65
66	1:56:41	COBBY JANET	New Eltham Joggers	Lady Vets 35-44	788 66
67	1:56:41	WHITELAW PATRICK	Harlow RC	Vet Men 40-49	189 67

Place	Time		Club	Cat	Race No	Place	
68	1:56:55	STEWART	MARK	Unaffiliated	Senior Men	79	68
69	1:57:10	SAUNDERS	GRAHAM	Havering 90 Joggers	Senior Men	769	69
70	1:57:17	AINSWORTH	CHRIS	Unaffiliated	Senior Men	38	70
71	1:57:20	HAMILL	RICHARD	Unaffiliated	Vet Men 40-49	196	71
72	1:57:28	MOORE	GERRY	New Eltham Joggers	Vet Men 40-49	160	72
73	1:57:50	ALEXANDROU	TRACEY	Harlow RC	Lady Vets 35-44	791	73
74	1:58:02	BENCH	KEN	Thrift Green Trotters	Vet Men 50-59	445	74
75	1:58:09	STANLEY	DAVID	Orion Harriers	Vet Men 40-49	201	75
76	1:58:12	BENT	DANIEL	Pitsea RC	Senior Men	84	76
77	1:58:13	JEWSON	ERNEST	Unaffiliated	Vet Men 40-49	575	77
78	1:58:20	WIND	KEVAN	Pitsea RC	Vet Men 40-49	571	78
79	1:58:35	THEAKSTONE	IAN	Dagenham88 Runners	Senior Men	7	79
80	1:58:47	GEARING	DANIEL	Havering 90 Joggers	Senior Men	747	80
81	1:58:58	GRINDLEY	DAVID	Havering 90 Joggers	Senior Men	67	81
82	1:58:59	TOZELAND	CLIVE	Dagenham88 Runners	Senior Men	58	82
83	1:59:22	HUMPHRIES	LYNTON	Unaffiliated	Senior Men	8	83
84	1:59:25	MUNSON	MIKE	Havering 90 Joggers	Vet Men 40-49	176	84
85	1:59:34	BERRY	PHILLIP	Mount Pleasant AC	Senior Men	3	85
86	1:59:34	SPONG	SUE	Havering 90 Joggers	Lady Vets 35-44	786	86
87	1:59:36	MOLE	DENIS	Havering 90 Joggers	Vet Men 50-59	433	87
88	1:59:43	HURLEY	DAVID	Unaffiliated	Senior Men	9	88
89	1:59:45	KING	DAVID	Blackheath Harriers	Vet Men 40-49	577	89
90	1:59:58	MAJOR	ALAN	Dartford Road Runners	Vet Men 50-59	449	90
91	2:00:05	ACCLETON	ROBERT	Gravesend RR & AC	Senior Men	21	91
92	2:00:24	MURISON	KEVIN	Gravesend RR & AC	Senior Men	61	92
93	2:00:36	GUNGABISSOON	SOOROOJ	Thrift Green Trotters	Vet Men 50-59	254	93
94	2:00:41	FISHER	JACKIE	Unaffiliated	Senior Ladies	776	94
95	2:00:42	JERVIS	GEOFF	New Eltham Joggers	Vet Men 50-59	255	95
96	2:01:21	STEWART	DAVE	Harlow RC	Vet Men 40-49	190	96
97	2:01:55	PRIOR	DANNY	Dagenham88 Runners	Senior Men	65	97
98	2:02:12	TATE	CHRIS	Bishops Stortford RC	Vet Men 40-49	578	98
99	2:02:15	HUGGINS	CHRIS	Pitsea RC	Vet Men 40-49	154	99
100	2:02:19	BONHAM	RICHARD	Castle Point Joggers	Senior Men	32	100
101	2:02:27	DENTON	MICHEAL	Unaffiliated	Senior Men	33	101
102	2:02:32	ATKINSON	DEREK	Thurrock Nomads	Vet Men 40-49	599	102
103	2:02:38	TURNER	ANDRE	Unaffiliated	Senior Men	15	103
104	2:02:42	SMITH	ALAN	Unaffiliated	Vet Men 50-59	452	104
105	2:02:44	LOVELL	PETER	Blackheath Harriers	Vet Men 60+	367	105
106	2:03:05	MORMICHEAL BROWNSTEVE		Thrift Green Trotters	Vet Men 40-49	214	106
107	2:03:08	MORSLEY	JOHN	Unaffiliated	Vet Men 40-49	216	107
108	2:03:12	TEER	ROBERT	Thurrock Nomads	Vet Men 50-59	438	108
109	2:03:22	PARSONS	ROB	Luton Runners	Vet Men 50-59	465	109
110	2:04:16	PULLEN	GRAHAM	Holland Sports AC	Vet Men 50-59	447	110
111	2:04:22	DIXON	MATT	Gravesend RR & AC	Senior Men	59	111
112	2:04:38	BYRNE	PAUL	Oxted Runners	Senior Men	92	112
113	2:05:02	TAYLOR	NEIL	Havering 90 Joggers	Senior Men	750	113
114	2:05:24	BEECH	STEVE	Pitsea RC	Vet Men 40-49	586	114
115	2:05:40	WARING	EDDIE	Unaffiliated	Vet Men 40-49	179	115
116	2:05:49	PARKER	BILL	Unaffiliated	Senior Men	49	116
117	2:05:56	LAMBERT	MARC	Bishops Stortford RC	Senior Men	72	117
118	2:06:22	CHILDS	CHRISTOPHER	Unaffiliated	Vet Men 50-59	257	118
119	2:06:26	JACKSON	ROBERT	Witham RC	Senior Men	95	119
120	2:06:28	HARRISON	LAURENCE	Billericay Striders	Senior Men	27	120
121	2:06:40	BROWN	LIZ	East End Runners	Senior Ladies	102	121
122	2:06:52	ADAMS	WILLIAM	Dagenham88 Runners	Vet Men 50-59	464	122
123	2:07:03	GREENSILL	MARK	Unaffiliated	Senior Men	88	123
124	2:07:10	CARTER	PHIL	Unaffiliated	Senior Men	80	124
125	2:07:37	RENE	CHARLOTTE	London Heathside	Lady Vets 35-44	789	125
126	2:07:44	JOHNSTON	ADAM	East End Runners	Vet Men 40-49	183	126
127	2:07:46	CROSS	PAUL	Unaffiliated	Senior Men	55	127
128	2:07:46	CORNFORTH	STEPHEN	Unaffiliated	Senior Men	54	128
129	2:08:07	MICKLEBURGH	TREVOR	Unaffiliated	Senior Men	746	129
130	2:08:10	FLANNIGAN	PETER	Pitsea RC	Vet Men 50-59	251	130
131	2:08:15	MORRIS	ANDY	Unaffiliated	Senior Men	64	131
132	2:08:17	OCONNOR	PAT	Springfield Striders	Senior Men	86	132
133	2:08:44	CHALLAND	EDGAR	Pitsea RC	Vet Men 50-59	436	133
134	2:08:48	WHITE	KAREN	East London Runners	Lady Vets 35-44	381	134
135	2:09:01	BIRD	STEPHEN	Pitsea RC	Vet Men 40-49	161	135
136	2:09:11	MAY	DARRAN	Dagenham88 Runners	Senior Men	14	136
137	2:09:11	MACAULAY	JOHN	Springfield Striders	Vet Men 50-59	454	137

Place	Time			Club	Cat	Race No	Place
138	2:09:33	PRIOR	GARETH	East Essex Tri Club	Senior Men	83	138
139	2:09:40	EVESON	NORMAN	Haivering 90 Joggers	Vet Men 40-49	163	139
140	2:09:53	BRIAN	TERRY	Dagenham88 Runners	Vet Men 50-59	457	140
141	2:10:01	HARWOOD	JEFF	Unaffiliated	Senior Men	81	141
142	2:10:04	ISBILL	ROBERT	Ryston Runners AC	Senior Men	17	142
143	2:10:11	FULBROOK	ROB	Ford Fitness	Vet Men 40-49	205	143
144	2:10:11	PARKER	STEPHEN	Unaffiliated	Vet Men 40-49	194	144
145	2:10:11	MARTIN	SEAN	Unaffiliated	Senior Men	13	145
146	2:10:35	COULTER	MICHEAL	Gravesend RR & AC	Vet Men 50-59	455	146
147	2:10:45	HAYNES	FRANK	Saffron Striders	Vet Men 50-59	458	147
148	2:10:46	BENT	ANGELA	Thurrock Harriers	Lady Vets 45-54	323	148
149	2:11:02	BRAVEMAN	DIANA	Newmarket Joggers	Lady Vets 45-54	310	149
150	2:11:02	RANDALL	MICK	Orion Harriers	Vet Men 40-49	587	150
151	2:11:18	CHILDS	ANDREW	Tipree Road Runners	Vet Men 40-49	219	151
152	2:11:25	HAYWARD	MIKE	Castle Point Joggers	Senior Men	764	152
153	2:11:28	GOWERS	IAN	Springfield Striders	Senior Men	43	153
154	2:11:35	NEWSTEAD	JOHANNE	Unaffiliated	Lady Vets 35-44	378	154
155	2:11:35	PRINSLER	JOHAN	Unaffiliated	Senior Men	35	155
156	2:11:44	CYBYK	BEAN	Witham RC	Vet Men 50-59	434	156
157	2:11:55	CHUBB	KARL	Unaffiliated	Senior Men	4	157
158	2:12:16	BRADFORD	LEIGH	Bishops Stortford RC	Vet Men 40-49	155	158
159	2:12:35	BRADLEY	NEIL	Springfield Striders	Vet Men 40-49	218	159
160	2:12:57	MUGGLETON	DAWN	East Essex Tri Club	Lady Vets 35-44	796	160
161	2:12:58	HILL	RAY	Pitsea RC	Vet Men 40-49	169	161
162	2:13:40	PEARSON	MARK	Pitsea RC	Vet Men 40-49	164	162
163	2:13:51	THOMAS	BRIAN	Southend A.C	Vet Men 50-59	428	163
164	2:13:56	HANDOLL	RICHARD	Ryston Runners AC	Senior Men	18	164
165	2:14:04	ADAMS	DOUGLAS	Dagenham88 Runners	Vet Men 50-59	468	165
166	2:14:11	GRIFFIN	RICHARD	Blackheath Harriers	Vet Men 40-49	192	166
167	2:14:17	GRIMES	IAN	Unaffiliated	Vet Men 40-49	596	167
168	2:14:20	JONES	DR STEVE	Thurrock Nomads	Vet Men 40-49	173	168
169	2:14:44	DOMAN	CARL	Haivering 90 Joggers	Senior Men	57	169
170	2:14:50	BABBS	ANTONY	Unaffiliated	Senior Men	19	170
171	2:14:57	CAMBRIDGE	GARY	Plumstead	Senior Men	56	171
172	2:14:59	JONES	COLIN	Road Runners Club	Senior Men	74	172
173	2:15:10	STOAT	ANTONY	Unaffiliated	Senior Men	25	173
174	2:15:16	ASKEW	SIMEON	Unaffiliated	Vet Men 40-49	177	174
175	2:15:23	LYONS	ALAN	Road Runners Club	Senior Men	93	175
176	2:15:32	GEE	ALAN	Unaffiliated	Senior Men	73	176
177	2:16:12	COTTIS	ROY	Southend A.C	Vet Men 40-49	206	177
178	2:16:30	GOWERS	RICHARD	Unaffiliated	Senior Men	51	178
179	2:16:40	THOMPSON	MICK	Woodford Green with EL AC	Vet Men 60+	366	179
180	2:16:50	SMITH	MICHEAL	Bishops Stortford RC	Senior Men	20	180
181	2:17:01	BUTCHERS	DONNA	Paddock Wood	Senior Ladies	109	181
182	2:17:04	PRESTON	SUSAN	Gravesend RR & AC	Lady Vets 45-54	313	182
183	2:17:10	PARRY	S	Plumstead	Vet Men 40-49	211	183
184	2:17:11	CAMPBELL	LISA	New Eltham Joggers	Senior Ladies	127	184
185	2:17:12	WILLIAMS	JAMES	New Eltham Joggers	Vet Men 50-59	435	185
186	2:17:54	SCOTT	IAN	New Eltham Joggers	Vet Men 50-59	432	186
187	2:18:08	GOLDSTONE	DEREK	Thurrock Nomads	Vet Men 60+	372	187
188	2:18:29	BENNETT	TONY	East London Runners	Vet Men 40-49	210	188
189	2:18:43	NEWMAN	MAURICE	Mount Pleasant AC	Vet Men 40-49	152	189
190	2:18:50	ROW	PAUL	Bishops Stortford RC	Senior Men	756	190
191	2:18:50	ADAMS	TRACEY	Dagenham & Barking	Lady Vets 35-44	376	191
192	2:18:52	VISSER	DIRK	Unaffiliated	Senior Men	36	192
193	2:18:52	LAW	BARBARA	Great Bentley R.C	Lady Vets 55+	274	193
194	2:18:56	GREEP	JOHAN	Unaffiliated	Senior Men	34	194
195	2:19:01	WILSON	STEPHEN	Plumstead	Vet Men 40-49	212	195
196	2:19:08	VICKERY	NICK	Unaffiliated	Vet Men 40-49	584	196
197	2:19:19	PREVIOUS	ALISON	Gravesend RR & AC	Lady Vets 35-44	798	197
198	2:19:27	THOMAS	RONALD	East London Runners	Vet Men 40-49	217	198
199	2:19:30	PALMER	JULIA	Unaffiliated	Lady Vets 35-44	380	199
200	2:19:31	BARTLETT	MALCOLM	Unaffiliated	Senior Men	772	200
201	2:20:25	GRAY	MARTIN	Unaffiliated	Senior Men	90	201
202	2:20:35	SINCLAIR	KEVIN	Unaffiliated	Senior Men	91	202
203	2:20:47	SMITH	BRIAN	Blackheath Harriers	Vet Men 40-49	191	203
204	2:20:52	DUFFIELD	ROGER	Tipree Road Runners	Vet Men 60+	362	204
205	2:20:52	WHITMILL	MARTIN	Great Bentley R.C	Vet Men 40-49	184	205
206	2:21:04	GWILLIM	JOHN	Great Bentley R.C	Senior Men	10	206
207	2:21:24	BLISS	TERENCE	Unaffiliated	Senior Men	63	207

Place	Time		Club	Club	Race No	Place
208	2:21:25	GEE DAVID	Unaffiliated	Senior Men	68	208
209	2:21:50	WILSON KENNETH	East End Runners	Senior Men	773	209
210	2:21:57	MARSH COLIN	Unaffiliated	Vet Men 50-59	467	210
211	2:22:08	HALL FRED	Unaffiliated	Vet Men 40-49	188	211
212	2:22:15	WALKER DARREN	New Eltham Joggers	Senior Men	28	212
213	2:22:15	FRANCIS ROBERT	Unaffiliated	Senior Men	770	213
214	2:22:18	HOOTON NIGEL	Unaffiliated	Senior Men	771	214
215	2:22:29	GRIBBON PAUL	Castle Point Joggers	Senior Men	52	215
216	2:22:36	HUGHES GWYN	Pitsea RC	Vet Men 50-59	426	216
217	2:22:44	GRANT NEIL	Unaffiliated	Vet Men 40-49	202	217
218	2:23:35	LOVEGROVE AMANDA	East London Runners	Senior Ladies	113	218
219	2:23:55	THOMSON JOHN	Unaffiliated	Senior Men	24	219
220	2:24:06	OSBOURNE LEE	Unaffiliated	Senior Men	31	220
221	2:24:06	BORLEY GINA	Ryston Runners AC	Lady Vets 35-44	792	221
222	2:24:32	HOBEN DAVID	Striders of Croydon	Vet Men 40-49	175	222
223	2:24:32	HUMPHRYES MICK	Dagenham88 Runners	Senior Men	78	223
224	2:24:32	ALDERTON NATELIE	Unaffiliated	Senior Ladies	115	224
225	2:24:59	POLLETT DEREK	Springfield Striders	Vet Men 40-49	593	225
226	2:25:10	WHALLEY TERENCE	Ford Fitness	Vet Men 50-59	441	226
227	2:25:22	MERRY NURARI	Sri Chinmoy AAC	Senior Ladies	125	227
228	2:25:49	MILLS JACKIE	Pitsea RC	Lady Vets 35-44	779	228
229	2:25:49	CARTWRIGHT STEVE	Road Runners Club	Vet Men 40-49	572	229
230	2:26:25	COLLINS JOHN	Unaffiliated	Vet Men 40-49	186	230
231	2:26:28	RUSSELL RON	Castle Point Joggers	Vet Men 60+	368	231
232	2:26:35	ABREY ROBERT	Dagenham88 Runners	Vet Men 50-59	460	232
233	2:26:44	SCHOOLING TRACEY	Harlow RC	Senior Ladies	123	233
234	2:27:12	MCAVOY JOHN	Southend A.C	Vet Men 50-59	253	234
235	2:27:21	HEWITT CHRISTOPHER	Unaffiliated	Senior Men	37	235
236	2:27:32	SHERWOOD COLIN	Unaffiliated	Vet Men 50-59	475	236
237	2:28:04	DANIEL LINDA	Striders of Croydon	Lady Vets 35-44	794	237
238	2:28:07	BENNETT HAROLD	Felixstowe Road Runners	Vet Men 60+	370	238
239	2:28:32	HODGE PAUL	Unaffiliated	Vet Men 40-49	204	239
240	2:28:39	LEWIS DAVID	New Eltham Joggers	Vet Men 40-49	591	240
241	2:28:51	FORD RITA	Istead & Ifield Harriers	Lady Vets 45-54	320	241
242	2:29:06	KELLETT PAUL	Unaffiliated	Senior Men	94	242
243	2:29:35	GREY MARIA	Plumstead	Lady Vets 45-54	326	243
244	2:30:06	REID BRIAN	Springfield Striders	Vet Men 40-49	595	244
245	2:30:10	OREILLY PETER	Unaffiliated	Vet Men 40-49	193	245
246	2:30:20	HAWKINS NATELIE	Unaffiliated	Senior Ladies	108	246
247	2:30:32	ONEILL PATRICIA	East London Runners	Senior Ladies	126	247
248	2:30:33	OBRIEN MARY	East London Runners	Lady Vets 45-54	325	248
249	2:30:52	LINDSEY VALERIE	Paddock Wood	Lady Vets 45-54	309	249
250	2:30:52	BEAMONT MICHEAL	Unaffiliated	Vet Men 50-59	474	250
251	2:31:37	RUSSELL COLIN	Road Runners Club	Vet Men 50-59	463	251
252	2:31:50	HORNE MARGO	Unaffiliated	Senior Ladies	114	252
253	2:32:08	MACAULAY SHEILA	Springfield Striders	Lady Vets 45-54	315	253
254	2:32:22	CRAMPTON GARY	Unaffiliated	Senior Men	758	254
255	2:32:26	RILEY PETER	New Eltham Joggers	Vet Men 40-49	209	255
256	2:32:37	PERRY STEVE	Springfield Striders	Vet Men 40-49	199	256
257	2:32:45	FLANNIGAN TERESA-JANE	Pitsea RC	Lady Vets 45-54	311	257
258	2:32:50	FARROW PATRICA	Unaffiliated	Lady Vets 45-54	318	258
259	2:32:50	BISHOP JONATHAN	Unaffiliated	Senior Men	39	259
260	2:32:52	THOMPSON JANE	Serpentine RC	Lady Vets 45-54	307	260
261	2:33:12	RYAIL JOHN	Plumstead	Vet Men 40-49	215	261
262	2:33:48	CADMAN KARL	Unaffiliated	Senior Men	744	262
263	2:33:50	unknown runner			87?	263
264	2:34:15	SMITH CLIVE	Unaffiliated	Vet Men 40-49	574	264
265	2:34:17	DOHERTY STEVE	Unaffiliated	Vet Men 40-49	178	265
266	2:34:20	ST PIERRE JAMES	Unaffiliated	Senior Men	30	266
267	2:35:06	DREW STEVE	Mount Pleasant AC	Senior Men	760	267
268	2:35:13	SCRIVENER KEITH	Great Bentley R.C	Vet Men 50-59	448	268
269	2:35:35	MCCANN GILL	Unaffiliated	Lady Vets 35-44	793	269
270	2:35:35	KNIGHT BRUCE	Unaffiliated	Vet Men 40-49	181	270
271	2:35:57	ENGELL JULIE	Unaffiliated	Lady Vets 35-44	382	271
272	2:36:22	SANNA ROGER	East End Runners	Vet Men 40-49	168	272
273	2:37:10	LYSELLE SKYE	Unaffiliated	Senior Ladies	118	273
274	2:37:11	DAY TIM	Bingley Harriers	Vet Men 60+	371	274
275	2:37:42	DARBY PAUL	Unaffiliated	Senior Men	766	275
276	2:38:13	FINCH DAVID	Barking Road Runners	Vet Men 40-49	187	276
277	2:38:34	MARRIOTT CATHERINE	RSPB Staff Association	Lady Vets 45-54	321	277

Place	Time			Club	Cat	Race No	Place
278	2:38:34	SCALES	ROBIN	Ford Fitness	Vet Men 40-49	203	278
279	2:38:41	JACKSON	ROBERT	Ford Fitness	Vet Men 40-49	207	279
280	2:39:18	HARDING	BRIAN	Thrift Green Trotters	Vet Men 50-59	256	280
281	2:39:37	ROSE	ANDREA	Unaffiliated	Lady Vets 35-44	797	281
282	2:39:48	FOWLER	ANGELA	Unaffiliated	Senior Ladies	128	282
283	2:39:58	LAST	PHILLIP	Bishops Stortford RC	Vet Men 40-49	579	283
284	2:40:25	DENCH	ANN	Unaffiliated	Senior Ladies	105	284
285	2:40:29	CLAMPETT	LINDA	Louth AC	Lady Vets 45-54	317	285
286	2:40:42	MCKENNA	FERGIE	Thurrock Nomads	Vet Men 50-59	439	286
287	2:40:44	KEMP	STEVE	Southend A.C	Senior Men	752	287
288	2:40:45	PITTMAN	REBECCA	Road Runners Club	Lady Vets 35-44	787	288
289	2:41:12	POWELL	VIRGINIA	Springfield Striders	Lady Vets 35-44	795	289
290	2:41:39	ROCKALL	MARTIN	Unaffiliated	Senior Men	42	290
291	2:42:06	NORTON	SARAH	Benfleet RC	Senior Ladies	103	291
292	2:42:06	NORTON	PAUL	Benfleet RC	Vet Men 50-59	451	292
293	2:42:14	DUNSTAN	RICHARD	Dartford Road Runners	Vet Men 40-49	170	293
294	2:42:28	MCCREADY	IAN	Unaffiliated	Senior Men	774	294
295	2:42:38	ROWLATT	GARY	Unaffiliated	Senior Men	768	295
296	2:43:16	REID	RICHARD	Unaffiliated	Senior Men	755	296
297	2:43:23	GARLAND	MANDY	Castle Point Joggers	Lady Vets 35-44	799	297
298	2:43:30	WAKELING	MAUREEN	Bishops Stortford RC	Senior Ladies	106	298
299	2:43:49	WILLIS	MARTIN	Unaffiliated	Vet Men 40-49	156	299
300	2:43:54	LOMAS	RACHEL	Unaffiliated	Senior Ladies	124	300
301	2:43:59	NEVILL	DAVID	Dovedale Harriers	Vet Men 50-59	252	301
302	2:44:02	BRIDGEN	DEBBIE	Castle Point Joggers	Lady Vets 35-44	377	302
303	2:44:27	MATHIEU	MICHELLE	Unaffiliated	Senior Ladies	112	303
304	2:44:40	PICKARD	BARRY	Unaffiliated	Senior Men	66	304
305	2:45:32	JENNETT	JIM	Thurrock Nomads	Vet Men 40-49	592	305
306	2:45:52	KENT	DR RICHARD	Bishops Stortford RC	Vet Men 50-59	443	306
307	2:45:59	WARREN	GILLIAN	Bishops Stortford RC	Lady Vets 45-54	312	307
308	2:45:59	EVANS	LORRAINE	Bishops Stortford RC	Lady Vets 35-44	785	308
309	2:47:01	BURGESS	ANDREW	Maidstone Harriers	Senior Men	5	309
310	2:47:13	HAMMOND	?	Castle Point Joggers	Lady Vets 45-54	324	310
311	2:47:20	LEE	FRANK	New Eitham Joggers	Vet Men 60+	365	311
312	2:50:00	ROBINSON	TERRY	Bishops Stortford RC	Vet Men 50-59	437	312
313	2:50:21	BAKER	ANDY	Benfleet RC	Vet Men 40-49	588	313
314	2:50:34	ASHDOWN	VANESSA	Castle Point Joggers	Lady Vets 35-44	782	314
315	2:50:35	VIRGO	JOHN	Castle Point Joggers	Vet Men 60+	364	315
316	2:50:35	SARGENT	JOANNA	Unaffiliated	Senior Ladies	101	316
317	2:50:37	HINE	CHRISTINA	Bishops Stortford RC	Lady Vets 35-44	781	317
318	2:50:39	ROBERTS	LISA	Southend Sirens	Lady Vets 55+	272	318
319	2:50:52	WILLIAMS	TIMOTHY	Edmonton RC	Vet Men 40-49	213	319
320	2:51:12	TEMPLE	SARA	Unaffiliated	Senior Ladies	116	320
321	2:51:26	SMITH	PAUL	Unaffiliated	Senior Men	46	321
322	2:52:05	MANLEY	SARAH	Gravesend RR & AC	Senior Ladies	122	322
323	2:52:41	BRADLEY	TONY	Ilford AC	Vet Men 50-59	470	323
324	2:52:59	TANDAY	JASH	Road Runners Club	Vet Men 50-59	462	324
325	2:53:06	NOLAN	DAVID	Unaffiliated	Vet Men 50-59	473	325
326	2:53:11	PATTEN	SONIA	Brentwood Heartbeaters	Senior Ladies	121	326
327	2:53:11	COURTIER	ROBERT	Barking Road Runners	Vet Men 40-49	208	327
328	2:55:30	BUCKIORN	SUSAN	Benfleet RC	Lady Vets 35-44	780	328
329	2:55:30	HUSSAIN	SALLY-ANN	Benfleet RC	Lady Vets 35-44	783	329
330	2:55:50	LUXFORD	KATHERINE	Havering 90 Joggers	Senior Ladies	119	330
331	2:56:12	JIGGENS	TONY	Castle Point Joggers	Vet Men 40-49	585	331
332	2:56:45	SCRIVENER	AARON	Road Runners Club	Senior Men	11	332
333	2:57:40	VAN OUWERKERK	MONIQUE	Sittingbourne Striders	Lady Vets 35-44	379	333
334	2:58:23	CLACK	DEBBIE	Unaffiliated	Senior Ladies	107	334
335	2:59:26	PREVOST	IUAN	Havering 90 Joggers	Vet Men 40-49	198	335
336	2:59:52	FINCH	JANET	Barking Road Runners	Lady Vets 45-54	319	336
337	3:00:52	WALTON	KATE	Unaffiliated	Senior Ladies	111	337
338	3:03:25	CHARMATTIN	DENISE	Unaffiliated	Lady Vets 35-44	375	338
339	3:05:15	JAMES	HELEN	Unaffiliated	Lady Vets 55+	275	339
340	3:09:06	BATES	LINDA	Pitsea RC	Lady Vets 45-54	322	340
341	3:11:30	KISBEE	LOUISE	Unaffiliated	Senior Ladies	117	341
342	3:15:33	DURMUSH	BELGIN	East End Runners	Lady Vets 35-44	790	342
343	3:19:05	GILES	JEANNETTE	Gravesend RR & AC	Lady Vets 55+	273	343
344	3:25:51	MCSWEENEY	DONNA	Unaffiliated	Senior Ladies	120	344
345	3:26:52	SUMMERS	NORMAN	Dartford Road Runners	Vet Men 60+	369	345
346	3:26:52	PERROTT	VALERIE	Dartford Road Runners	Lady Vets 45-54	314	346
347	3:34:27	WING	JULIE	Maidstone Harriers	Lady Vets 45-54	316	347

# Mens Team Competition

Place	Time		Cat	Race No	Place
<b>1: SOUTHEND AC</b>					
7	1:37:22	LEEMAN	CHRIS	Vet Men 40-49	581 7
17	1:41:16	COOK	ALAN	Senior Men	753 17
22	1:43:56	BINNS	PETER	Vet Men 50-59	440 22
46	5:02:34	Totals			
<b>2: HARLOW RC</b>					
25	1:44:45	GLAZEBROOK	BRIAN	Vet Men 50-59	425 25
27	1:45:52	LUCK	JAMIE	Senior Men	745 27
29	1:46:15	PELLECCHID	PASQUALE	Vet Men 50-59	469 29
81	5:16:52	Totals			
<b>3: EAST ESSEX TRI-CLUB</b>					
16	1:40:54	AXE	GRAHAM	Vet Men 40-49	582 16
30	1:46:18	HART	GRAHAM	Senior Men	77 30
42	1:50:18	POULTER	GARY	Senior Men	26 42
88	5:17:30	Totals			
<b>4: ST EDMUND PACERS</b>					
8	1:37:54	GREEVES	JERRY	Senior Men	23 8
43	1:50:24	BARWICK	DARREN	Senior Men	762 43
44	1:50:25	COOKE	CHRIS	Senior Men	761 44
95	5:18:43	Totals			
<b>5: HAVERING 90 JOGGERS</b>					
10	1:39:07	MULLEY	IAN	Senior Men	89 10
36	1:48:18	TYLER	JOHN	Senior Men	751 36
51	1:52:28	ROSS	PAUL	Senior Men	754 51
97	5:19:53	Totals			
<b>6: THRIFT GREEN TROTTERS</b>					
12	1:39:47	NOLAN	RICH	Senior Men	70 12
35	1:48:08	MANSFIELD	DAVID	Senior Men	748 35
74	1:58:02	BENCH	KEN	Vet Men 50-59	445 74
121	5:25:57	Totals			
<b>7: PITSEA RC</b>					
26	1:44:54	RUSSELL	JAMES	Vet Men 40-49	172 26
38	1:49:00	EVERARD	ROGER	Vet Men 50-59	466 38
76	1:58:12	BENT	DANIEL	Senior Men	84 76
140	5:32:06	Totals			
<b>8: BISHOPS STORTFORD RC</b>					
28	1:46:07	BEATTY	PETER	Vet Men 40-49	598 28
50	1:52:23	DEDMAN	TIM	Senior Men	71 50
64	1:56:19	WHITE	ANDY	Senior Men	69 64
142	5:34:49	Totals			
<b>9: BILLERICAY STRIDERS</b>					
13	1:40:29	FULKER	STEVE	Vet Men 50-59	472 13
23	1:44:30	MILLS	VINCE	Vet Men 40-49	195 23
120	2:06:28	HARRISON	LAURENCE	Senior Men	27 120
156	5:31:27	Totals			
<b>10: DAGENHAM88 RUNNERS</b>					
39	1:49:36	ABREY	RUSSELL	Senior Men	29 39
79	1:58:35	THEAKSTONE	IAN	Senior Men	7 79
82	1:58:59	TOZELAND	CLIVE	Senior Men	58 82
200	5:47:10	Totals			
<b>11: NEW ELTHAM JOGGERS</b>					
65	1:56:23	HASKEY-JONES	JAMES	Senior Men	763 65
72	1:57:28	MOORE	GERRY	Vet Men 40-49	160 72
95	2:00:42	JERVIS	GEOFF	Vet Men 50-59	255 95
232	5:54:33	Totals			
<b>12: GRAVESEND RR &amp; AC</b>					
62	1:55:56	MELROSE	GRAHAM	Vet Men 40-49	197 62
91	2:00:05	ACCLETON	ROBERT	Senior Men	21 91
92	2:00:24	MURISON	KEVIN	Senior Men	61 92
245	5:56:25	Totals			

**13: ROAD RUNNERS CLUB**

37	1:48:35	MARU	TONY	Senior Men	22	37
49	1:52:05	BAKER	GRAHAM	Vet Men 50-59	442	49
172	2:14:59	JONES	COLIN	Senior Men	74	172
258	5:55:39	Totals				

**14: CASTLE POINT JOGGERS**

40	1:49:57	JACKSON	MARK	Vet Men 40-49	151	40
100	2:02:19	BONHAM	RICHARD	Senior Men	32	100
152	2:11:25	HAYWARD	MIKE	Senior Men	764	152
292	6:03:41	Totals				

**15: BLACKHEATH HARRIERS**

89	1:59:45	KING	DAVID	Vet Men 40-49	577	89
105	2:02:44	LOVELL	PETER	Vet Men 60+	367	105
166	2:14:11	GRIFFIN	RICHARD	Vet Men 40-49	192	166
360	6:16:40	Totals				

**16: RYSTON RUNNERS AC**

57	1:54:07	NEALE	DAVID	Vet Men 40-49	166	57
142	2:10:04	ISBILL	ROBERT	Senior Men	17	142
164	2:13:56	HANDOLL	RICHARD	Senior Men	18	164
363	6:18:07	Totals				

**17: THURROCK NOMADS**

102	1:02:32	ATKINSON	DEREK	Vet Men 40-49	599	102
108	2:03:12	TEER	ROBERT	Vet Men 50-59	438	108
168	2:14:20	JONES	DR STEVE	Vet Men 40-49	173	168
378	5:20:04	Totals				

**18: BENFLEET RC**

33	1:47:26	EPSLY	MATT	Senior Men	2	33
55	1:53:55	MCINERNEY	PAUL	Senior Men	1	55
292	2:42:06	NORTON	PAUL	Vet Men 50-59	451	292
380	6:23:27	Totals				

**19: SPRINGFIELD STRIDERS**

132	2:08:17	OCONNOR	PAT	Senior Men	86	132
137	2:09:11	MACAULAY	JOHN	Vet Men 50-59	454	137
153	2:11:28	GOWERS	IAN	Senior Men	43	153
422	6:28:56	Totals				

**20: DARTFORD ROAD RUNNERS**

60	1:55:34	SMITH	BARRY	Vet Men 50-59	471	60
90	1:59:58	MAJOR	ALAN	Vet Men 50-59	449	90
293	2:42:14	DUNSTAN	RICHARD	Vet Men 40-49	170	293
443	6:37:46	Totals				



# Ladies Results

Benfleet 15



# Benfleet 15 Ladies Results

Place	Time	COBBY	JANET	Club	Cat	Race No	Place
1	1:56:41	COBBY	JANET	New Eltham Joggers	Lady Vets 35-44	788	1
2	1:57:50	ALEXANDROU	TRACEY	Harlow RC	Lady Vets 35-44	791	2
3	1:59:34	SPONG	SUE	Havering 90 Joggers	Lady Vets 35-44	786	3
4	2:00:41	FISHER	JACKIE	Unaffiliated	Senior Ladies	776	4
5	2:06:40	BROWN	LIZ	East End Runners	Senior Ladies	102	5
6	2:07:37	RENE	CHARLOTTE	London Heathside	Lady Vets 35-44	789	6
7	2:08:48	WHITE	KAREN	East London Runners	Lady Vets 35-44	381	7
8	2:10:46	BENT	ANGELA	Thurrock Harriers	Lady Vets 45-54	323	8
9	2:11:02	BRAVEMAN	DIANA	Newmarket Joggers	Lady Vets 45-54	310	9
10	2:11:35	NEWSTEAD	JOHANNE	Unaffiliated	Lady Vets 35-44	378	10
11	2:12:57	MUGGLETON	DAWN	East Essex Tri Club	Lady Vets 35-44	796	11
12	2:17:01	BUTCHERS	DONNA	Paddock Wood	Senior Ladies	109	12
13	2:17:04	PRESTON	SUSAN	Gravesend RR & AC	Lady Vets 45-54	313	13
14	2:17:11	CAMPBELL	LISA	New Eltham Joggers	Senior Ladies	127	14
15	2:18:30	ADAMS	TRACEY	Dagenham & Barking	Lady Vets 35-44	376	15
16	2:18:52	LAW	BARBARA	Great Bentley R.C	Lady Vets 55+	274	16
17	2:19:19	PRETIOUS	ALISON	Gravesend RR & AC	Lady Vets 35-44	798	17
18	2:19:30	PALMER	JULIA	Unaffiliated	Lady Vets 35-44	380	18
19	2:23:35	LOVEGROVE	AMANDA	East London Runners	Senior Ladies	113	19
20	2:24:06	BORLEY	GINA	Ryston Runners AC	Lady Vets 35-44	792	20
21	2:24:32	ALDERTON	NATELIE	Unaffiliated	Senior Ladies	115	21
22	2:25:22	MERRY	NURARI	Sri Chinnoy AAC	Senior Ladies	125	22
23	2:25:49	MILLS	JACKIE	Pitsea RC	Lady Vets 35-44	779	23
24	2:26:44	SCHOOLING	TRACEY	Harlow RC	Senior Ladies	123	24
25	2:28:04	DANIEL	LINDA	Striders of Croydon	Lady Vets 35-44	794	25
26	2:28:51	FORD	RITA	Isleard & Ifield Harriers	Lady Vets 45-54	320	26
27	2:29:35	GREY	MARIA	Plumstead	Lady Vets 45-54	326	27
28	2:30:20	HAWKINS	NATELIE	Unaffiliated	Senior Ladies	108	28
29	2:30:32	ONEILL	PATRICIA	East London Runners	Senior Ladies	126	29
30	2:30:33	OBRIEN	MARY	East London Runners	Lady Vets 45-54	325	30
31	2:30:52	LINDSEY	VALERIE	Paddock Wood	Lady Vets 45-54	309	31
32	2:31:50	HORNE	MARGO	Unaffiliated	Senior Ladies	114	32
33	2:32:08	MACAULAY	SHEILA	Springfield Striders	Lady Vets 45-54	315	33
34	2:32:45	FLANNIGAN	TERESA-JANE	Pitsea RC	Lady Vets 45-54	311	34
35	2:32:50	FARROW	PATRICA	Unaffiliated	Lady Vets 45-54	318	35
36	2:32:52	THOMPSON	JANE	Serpentine RC	Lady Vets 45-54	307	36
37	2:35:35	MCCANN	GILL	Unaffiliated	Lady Vets 35-44	793	37
38	2:35:57	ENGELL	JULIE	Unaffiliated	Lady Vets 35-44	382	38
39	2:37:10	LYSELLE	SKYE	Unaffiliated	Senior Ladies	118	39
40	2:38:34	MARRIOTT	CATHERINE	RSPB Staff Association	Lady Vets 45-54	321	40
41	2:39:37	ROSE	ANDREA	Unaffiliated	Lady Vets 35-44	797	41
42	2:39:48	FOWLER	ANGELA	Unaffiliated	Senior Ladies	128	42
43	2:40:25	DENCH	ANN	Unaffiliated	Senior Ladies	105	43
44	2:40:29	CLAMPETT	LINDA	Louth AC	Lady Vets 45-54	317	44
45	2:40:45	PITTMAN	REBECCA	Road Runners Club	Lady Vets 35-44	787	45
46	2:41:12	POWELL	VIRGINIA	Springfield Striders	Lady Vets 35-44	795	46
47	2:42:06	NORTON	SARAH	Benfleet RC	Senior Ladies	103	47
48	2:43:23	GARLAND	MANDY	Castle Point Joggers	Lady Vets 35-44	799	48
49	2:43:30	WAKELING	MAUREEN	Bishops Stortford RC	Senior Ladies	106	49
50	2:43:54	LOMAS	RACHEL	Unaffiliated	Senior Ladies	124	50
51	2:44:02	BRIDGEN	DEBBIE	Castle Point Joggers	Lady Vets 35-44	377	51
52	2:44:27	MATHIEU	MICHELLE	Unaffiliated	Senior Ladies	112	52
53	2:45:59	WARREN	GILLIAN	Bishops Stortford RC	Lady Vets 45-54	312	53
54	2:45:59	EVANS	LORRAINE	Bishops Stortford RC	Lady Vets 35-44	785	54
55	2:47:13	HAMMOND		Castle Point Joggers	Lady Vets 45-54	324	55
56	2:50:34	ASHDOWN	VANESSA	Castle Point Joggers	Lady Vets 35-44	782	56
57	2:50:35	SARGENT	JOANNA	Unaffiliated	Senior Ladies	101	57
58	2:50:37	HINE	CHRISTINA	Bishops Stortford RC	Lady Vets 35-44	781	58
59	2:50:39	ROBERTS	LISA	Southend Sirens	Lady Vets 55+	272	59
60	2:51:12	TEMPLE	SARA	Unaffiliated	Senior Ladies	116	60
61	2:52:05	MANLEY	SARAH	Gravesend RR & AC	Senior Ladies	122	61
62	2:53:11	PATTEN	SONIA	Brentwood Heartbeaters	Senior Ladies	121	62
63	2:55:30	BUCKHORN	SUSAN	Benfleet RC	Lady Vets 35-44	780	63
64	2:55:30	HUSSAIN	SALLY-ANN	Benfleet RC	Lady Vets 35-44	783	64
65	2:55:50	LUXFORD	KATHERINE	Havering 90 Joggers	Senior Ladies	119	65
66	2:57:40	VAN OUWERKERK	MONIQUE	Sittingbourne Striders	Lady Vets 35-44	379	66
67	2:58:23	CLACK	DEBBIE	Unaffiliated	Senior Ladies	107	67
68	2:59:52	FINCH	JANET	Barking Road Runners	Lady Vets 45-54	319	68
69	3:00:52	WALTON	KATE	Unaffiliated	Senior Ladies	111	69
70	3:03:25	CHARMATTIN	DENISE	Unaffiliated	Lady Vets 35-44	375	70
71	3:05:15	JAMES	HELEN	Unaffiliated	Lady Vets 55+	275	71
72	3:09:06	BATES	LINDA	Pitsea RC	Lady Vets 45-54	322	72
73	3:11:30	KISBEE	LOUISE	Unaffiliated	Senior Ladies	117	73
74	3:15:33	DURMUSH	BELGIN	East End Runners	Lady Vets 35-44	790	74
75	3:19:05	GILES	JEANNETTE	Gravesend RR & AC	Lady Vets 55+	273	75
76	3:25:51	MCSWEENEY	DONNA	Unaffiliated	Senior Ladies	120	76
77	3:26:52	PERROTT	VALERIE	Dartford Road Runners	Lady Vets 45-54	314	77
78	3:34:27	WING	JULIE	Maidstone Harriers	Lady Vets 45-54	316	78

# Ladies Team Competition

Place      Time      Cat      Race No      Place

## 1: EAST LONDON RUNNERS

7	2:08:48	WHITE	KAREN	Lady Vets 35-44	381	7
19	2:23:35	LOVEGROVE	AMANDA	Senior Ladies	113	19
29	2:30:32	ONEILL	PATRICIA	Senior Ladies	126	29
55	7:02:55	Totals				

## 2: GRAVESEND RR & AC

13	2:17:04	PRESTON	SUSAN	Lady Vets 45-54	313	13
17	2:19:19	PRETIOUS	ALISON	Lady Vets 35-44	798	17
61	2:52:05	MANLEY	SARAH	Senior Ladies	122	61
91	7:28:28	Totals				

## 3: PITSEA RC

23	2:25:49	MILLS	JACKIE	Lady Vets 35-44	779	23
34	2:32:45	FLANNIGAN	TERESA-JANE	Lady Vets 45-54	311	34
72	3:09:06	BATES	LINDA	Lady Vets 45-54	322	72
129	8:07:40	Totals				

## 4: CASTLE POINT JOGGERS

48	2:43:23	GARLAND	MANDY	Lady Vets 35-44	799	48
51	2:44:02	BRIDGEN	DEBBIE	Lady Vets 35-44	377	51
55	2:47:13	HAMMOND		Lady Vets 45-54	324	55
154	8:14:38	Totals				

## 5: BISHOPS STORTFORD RC

49	2:43:30	WAKELING	MAUREEN	Senior Ladies	106	49
53	2:45:59	WARREN	GILLIAN	Lady Vets 45-54	312	53
54	2:45:59	EVANS	LORRAINE	Lady Vets 35-44	785	54
156	8:15:28	Totals				

## 6: BENFLEET RC

47	2:42:06	NORTON	SARAH	Senior Ladies	103	47
63	2:55:30	BUCKHORN	SUSAN	Lady Vets 35-44	780	63
64	2:55:30	HUSSAIN	SALLY-ANN	Lady Vets 35-44	783	64
174	8:33:06	Totals				

Well done and thanks to all runners for supporting our event this year, we're glad that the sun shone for you throughout the race, although it didn't heat the water or mud up! We hope you enjoyed it enough to want to come and do it all again next year !!

Once again we'd like to thank the many people who made it all possible, and also thank our sponsors for their continued support, namely

**RUNNERSWORLD EAST**  
**RUNNERS CENTRE (Norwich)**  
**PENN SPORTS**  
**RON HILL SPORTS.**  
**MARK'S MARQUEES**  
**GW SCAFFOLDING**

We welcome any feedback that you might have on the race, and comments can be sent to [benfleetrunningclub@yahoo.com](mailto:benfleetrunningclub@yahoo.com)

Runningly yours,  
 Benfleet Running Club.