

BENFLEET 15 FULL RESULTS

Sunday 29th January 2006

Pos	No	Competitor	Club	Age Group	Hrs	Mins	Secs
1	113	CRISPIAN	BLOOMFIELD	BILLERICAY STRIDERS	Male ✓	1	28 - 08
2	129	MALCOLM	MUIR	ILFORD AC	Male ✓	1	29 - 37
3	64	PAUL	PROSSER	BENFLEET	Male ✓	1	30 - 27
4	269	DAVID	HALL	DARTFORD ROAD RUNNERS	Male40-49 ✓	1	30 - 30
5	101	ALLEN	SMALLS	COLCHESTER HARRIERS	Male ✓	1	32 - 22
6	93	SEAN	KETTERIDGE	COLCHESTER HARRIERS	Male ✓	1	32 - 36
7	1	GREG	DEACON	BASILDON AC	Male ✓	1	33 - 07
8	563	ALAN	BROUGHTON	HARLOW RC	Male40-49 ✓	1	34 - 13
9	271	RAY	PEARCE	ISTEAD & IFIELD	Male40-49 ✓	1	35 - 31
10	73	JAMIE	SEAMARK	THURROCK HARRIERS	Male ✓	1	35 - 42
11	63	KENNETH	HENEY	LONDON HEATHSIDE	Male ✓	1	35 - 50
12	318	JOHN	GREEN	THURROCK HARRIERS	Male40-49 ✓	1	36 - 0
13	237	MARK	WAINE	SOUTHEND AC	Male ✓	1	36 - 38
14	99	GLEN	DOEL	COLCHESTER HARRIERS	Male ✓	1	37 - 03
15	295	MALCOLM	PACKER	LOUTH AC	Male40-49 ✓	1	37 - 27
16	301	JOHN	CHAMBERS	THURROCK HARRIERS	Male40-49 ✓	1	37 - 37
17	74	DAVE	COLLIER	CHELMSFORD AC	Male ✓	1	37 - 45
18	84	GAVIN	ALLEN	HALSTEAD ROAD RUNNERS	Male ✓	1	37 - 52
19	35	MARK	BURTWELL	SOUTH LONDON HARRIERS	Male ✓	1	37 - 58
20	369	ALAN	BUTLER	THRIFT GREEN TROTTERS	Male50-59 ✓	1	39 - 04
21	273	DAVID	THOMPSON	DARTFORD ROAD RUNNERS	Male40-49 ✓	1	39 - 11
22	122	CHRIS	BROTHERTON	WGAC	Male ✓	1	39 - 20
23	202	IAN	DREW	ISTEAD & IFIELD	Male40-49 ✓	1	39 - 30
24	432	ELIZABETH	HAWKER	ROAD RUNNERS CLUB	Ladies ✓	1	39 - 42
25	71	GRAHAM	HOGAN	HAVERING 90	Male ✓	1	39 - 46
26	21	SIMON	DAVIES	SERPENTINE	Male ✓	1	40 - 07
27	117	DARREN	JONES	SOMMER RC	Male ✓	1	40 - 25
28	91	DANIEL	BENT	PITSEA	Male ✓	1	40 - 48
29	263	KEVIN	JACOB	BILLERICAY STRIDERS	Male40-49 ✓	1	41 - 06
30	212	ANDREW	HOUGHTON	N/A	Male40-49 ✓	1	41 - 26
31	415	DEBBIE	APPLETON	HAVERING MAYESBROOK	Ladies ✓	1	41 - 32
32	320	PAUL	CLARK	WOODFORD GREEN & EEL	Male40-49 ✓	1	41 - 39
33	317	BILL	MURPHY	MAIDSTONE HARRIERS	Male40-49 ✓	1	41 - 45
34	289	STEVE	DESBOROUGH	BENFLEET	Male40-49 ✓	1	42 - 00
35	373	MICK	FLETCHER	SOUTHEND AC	Male50-59 ✓	1	42 - 37
36	360	GARY	RAYNER	SPRINGFIELD STRIDERS	Male50-59 ✓	1	42 - 46
37	127	SCOTT	HENSHAW	BILLERICAY STRIDERS	Male ✓	1	42 - 58
38	321	LAWRENCE	SHAFER	EAST LONDON TRI-ATHLETES	Male40-49 ✓	1	43 - 25
39	316	PAUL	GREEN	THURROCK HARRIERS	Male40-49 ✓	1	43 - 41
40	397	ROY	STEVEN	HARLOW RC	Male50-59 ✓	1	43 - 50
41	77	GRAHAM	BOOTY	BENFLEET	Male ✓	1	44 - 04
42	545	JANE	LAWS	BARNET & DISTRICT AC	Ladies45-54 ✓	1	44 - 16
43	108	ANDY	BARNES	N/A	Male ✓	1	44 - 21
44	75	IAIN	WILSON	ILFORD AC	Male ✓	1	44 - 30
45	366	PETER	BINNS	SOUTHEND AC	Male50-59 ✓	1	44 - 35
46	279	MARK	JACKSON	MID-ESSEX CASUALS	Male40-49 ✓	1	44 - 40
47	216	CRAIG	WILLIAMSON	BECKENHAM RC	Male40-49 ✓	1	44 - 53
48	126	LEON	GOODWIN	DARTFORD HARRIERS	Male ✓	1	44 - 58
49	368	ROBERT	LANGLEY	HALSTEAD ROAD RUNNERS	Male50-59 ✓	1	45 - 10
50	294	PHIL	OATHAM	THURROCK HARRIERS	Male40-49 ✓	1	45 - 18
51	109	RYAN	PROUT	CHELMSFORD AC	Male ✓	1	45 - 25
52	72	PHILLIP	COOPER	THRIFT GREEN TROTTERS	Male ✓	1	45 - 33
53	12	IAN	GEORGE	EAST ESSEX TRI-CLUB	Male ✓	1	45 - 42
54	130	STEVEN	PAGE	THURROCK HARRIERS	Male ✓	1	45 - 50
55	53	CHRIS	SCRIVENER	THURROCK HARRIERS	Male ✓	1	45 - 54
56	264	DAVE	SPAIN	BENFLEET	Male40-49 ✓	1	46 - 02
57	734	STUART	MANN	HERTS PHOENIX	Male60+ ✓	1	46 - 03
58	304	JOE	AVERY	HERTS PHOENIX	Male40-49 ✓	1	46 - 04
59	438	WENDY	KING	N/A	Ladies ✓	1	46 - 06
60	223	JOHN	TYLER	HAVERING 90	Male40-49 ✓	1	46 - 25
61	741	ANDREW	BAILEY	HALSTEAD ROAD RUNNERS	Male60+ ✓	1	46 - 37
62	233	ALAN	CLARK	BILLERICAY STRIDERS	Male40-49 ✓	1	46 - 44
63	303	JOHN	BARKER	THRIFT GREEN TROTTERS	Male40-49 ✓	1	47 - 0
64	251	PETER	BUTLER	DARTFORD ROAD RUNNERS	Male40-49 ✓	1	47 - 09
65	555	KEVIN	HINNS	THRIFT GREEN TROTTERS	Male40-49 ✓	1	47 - 14
66	306	CHRISTOPHER	HELLMERS	LATTON RUNNERS	Male40-49 ✓	1	47 - 16
67	67	ANDREW	GREEN	DARTFORD ROAD RUNNERS	Male ✓	1	47 - 30
68	425	CLAIRE	DONNELLY	SOUTHEND AC	Ladies ✓	1	47 - 33
69	344	JOHN	WRIGHT	SOUTHEND AC	Male50-59 ✓	1	47 - 41
70	80	MATT	GREEN	BENFLEET	Male ✓	1	48 - 34

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71	337	KEN	FANCETT	BECKENHAM RC	Male50-59	✓	1	-	48	-	46
72	51	KEVIN	WOTTON	BARKING ROAD RUNNERS	Male	✓	1	-	49	-	01
73	128	MARK	MELLON	GRAVESEND RR	Male	✓	1	-	49	-	03
74	27	JONATHON	TOD	THRIFT GREEN TROTTERS	Male	✓	1	-	49	-	30
75	551	TERRY	KNIGHTLEY	ILFORD AC	Male40-49	✓	1	-	49	-	42
76	314	JEREMY	MARTIN	TRA	Male40-49	✓	1	-	49	-	56
77	379	WILLIAM	HAINING	COLCHESTER HARRIERS	Male50-59	✓	1	-	50	-	08
78	100	DARREN	SMART	DARTFORD HARRIERS	Male	✓	1	-	50	-	28
79	236	JIM	LING	SOUTHEND AC	Male40-49	✓	1	-	50	-	31
80	211	GRAHAM	BELL	LONDON HEATHSIDE	Male40-49	✓	1	-	50	-	32
81	22	PETER	OSBOURNE	CASTLE POINT JOGGERS	Male	✓	1	-	50	-	35
82	226	MICHAEL	GREHAN	DUNSTABLE ROAD RUNNERS	Male40-49	✓	1	-	50	-	40
83	234	PAUL	LEWIS	DARTFORD ROAD RUNNERS	Male40-49	✓	1	-	50	-	44
84	258	RICHARD	FULLER	EAST ESSEX TRI-CLUB	Male40-49	✓	1	-	50	-	48
85	114	RUSSELL	ABREY	DAGENHAM88	Male	✓	1	-	51	-	07
86	32	NEIL	HIGGINS	N/A	Male	✓	1	-	51	-	11
87	302	TIM	WEBB	BISHOPS STORTFORD	Male40-49	✓	1	-	51	-	19
88	351	KER	MACROSSON	IPSWICH JAFFA	Male50-59	✓	1	-	51	-	30
89	416	JOANNE	SULLIVAN	HAVERING MAYESBROOK	Ladies	✓	1	-	51	-	31
90	556	BRIAN	GLAZEBROOK	BISHOPS STORTFORD	Male40-49	✓	1	-	51	-	37
91	94	JASON	SYRETT	THURROCK HARRIERS	Male	✓	1	-	51	-	38
92	107	JON	KEMP	PITSEA	Male	✓	1	-	51	-	50
93	26	NEIL	RIDDOCH	ROAD RUNNERS CLUB	Male	✓	1	-	51	-	55
94	311	STEPHEN	WINFIELD	BECKENHAM RC	Male40-49	✓	1	-	51	-	56
95	558	PETER	WICKHAM	HARLOW RC	Male40-49	✓	1	-	52	-	06
96	41	RICHARD	BONHAM	CASTLE POINT JOGGERS	Male	✓	1	-	52	-	09
97	50	JEREMY	BETHELL	SOUTHEND AC	Male	✓	1	-	52	-	46
98	42	SHERIDAN	MORRIS	BECKENHAM RC	Male	✓	1	-	52	-	48
99	143	DARREN	THOMAS	WITHAM RC	Male	✓	1	-	52	-	50
100	259	KEVAN	WIND	PITSEA	Male40-49	✓	1	-	53	-	02
101	313	KEITH	TURNER	BARNET & DISTRICT AC	Male40-49	✓	1	-	53	-	07
102	38	CHRIS	BEAZELEY	SPRINGFIELD STRIDERS	Male	✓	1	-	53	-	14
103	340	KENNY	BLYTH	WARE JOGGERS	Male50-59	✓	1	-	53	-	19
104	19	BEN	CALASCIONG	BECKENHAM RC	Male	✓	1	-	53	-	48
105	47	STEVE	HENIGAN	BASILDON AC	Male	✓	1	-	53	-	57
106	62	NEIL	TAYLOR	HAVERING 90	Male	✓	1	-	53	-	59
107	400	KEITH	WALKER	BILLERICAY STRIDERS	Male50-59	✓	1	-	54	-	01
108	272	IAN	BRODBRICK	HEATHSIDE	Male40-49	✓	1	-	54	-	02
109	495	MELAINE	LING	SOUTHEND AC	Ladies35-44	✓	1	-	54	-	03
110	60	JOHN	MURPHY	BARNET & DISTRICT AC	Male	✓	1	-	54	-	52
111	132	DANIEL	WARD	TRI-SPORT EPPING	Male	✓	1	-	54	-	58
112	285	ROBERT	WOODWARD	SAFFRON STRIDERS	Male40-49	✓	1	-	55	-	24
113	248	MARTIN	JONES	HERTS PHOENIX	Male40-49	✓	1	-	55	-	36
114	310	ALAN	SALLOWS	BECKENHAM RC	Male40-49	✓	1	-	55	-	39
115	372	JOHN	WHITE	EAST LONDON RUNNERS	Male50-59	✓	1	-	56	-	20
116	206	KEITH	THORNTON	THRIFT GREEN TROTTERS	Male40-49	✓	1	-	56	-	44
117	480	TRACEY	ALEXANDROU	THRIFT GREEN TROTTERS	Ladies35-44	✓	1	-	56	-	47
118	560	CHARLIE	BAYNES	EAST ESSEX TRI-CLUB	Male40-49	✓	1	-	56	-	54
119	7	STUART	SAGGERS	N/A	Male	✓	1	-	57	-	17
120	349	PETER	WILLIAMS	HERTS PHOENIX	Male50-59	✓	1	-	57	-	23
121	136	SPENCER	DOBSON	TIPTREE ROAD RUNNERS	Male	✓	1	-	57	-	33
122	557	DAVID	MANSFIELD	THRIFT GREEN TROTTERS	Male40-49	✓	1	-	57	-	34
123	90	MARK	LACEY	BECKENHAM RC	Male	✓	1	-	57	-	36
124	435	ALISON	BENT	PITSEA	Ladies	✓	1	-	57	-	45
125	43	STEPHEN	MELLUISH	N/A	Male	✓	1	-	57	-	57
126	98	DAVID	DAY	DARTFORD ROAD RUNNERS	Male	✓	1	-	58	-	12
127	348	HAROLD	BELL	DARTFORD ROAD RUNNERS	Male50-59	✓	1	-	58	-	12
128	260	TONY	ROSE	WARE JOGGERS	Male40-49	✓	1	-	58	-	15
129	571	IAN	GILROY	THRIFT GREEN TROTTERS	Male40-49	✓	1	-	58	-	25
130	291	MIKE	JUDD	N/A	Male40-49	✓	1	-	58	-	27
131	145	JAMES	KOE	ZAMUNDA	Male	✓	1	-	58	-	28
132	554	IAN	THEAKSTONE	DAGENHAM88	Male40-49	✓	1	-	58	-	55
133	110	RICHARD	SHARE	N/A	Male	✓	1	-	58	-	56
134	88	KEITH	ADAMS	ETON MANOR	Male	✓	1	-	59	-	08
135	29	STEPHEN	ALLEN	N/A	Male	✓	1	-	59	-	16
136	252	MICHAEL	BODDY	SWANLEY & DISTRICT AC	Male40-49	✓	1	-	59	-	22
137	58	ANTHONY	WHITE	BENFLEET	Male	✓	1	-	59	-	25
138	48	MICK	SIMPSON	N/A	Male	✓	1	-	59	-	51
139	112	TONY	MATTSON	N/A	Male	✓	1	-	59	-	59
140	266	AMANDA	BUSSEY	SOUTHEND AC	Ladies35-44	✓	2	-	00	-	02
141	215	STEVE	DONOGHUE	BARKING ROAD RUNNERS	Male40-49	✓	2	-	00	-	17
142	561	STEPHEN	MIDDLETON	SOUTHEND AC	Male40-49	✓	2	-	00	-	21
143	220	ALAN	PLEDGE	BECKENHAM RC	Male40-49	✓	2	-	00	-	23

144	407	JAROSLAVA	KORPANEC	SERPENTINE	Ladies ✓	2	-	00	-	31
145	227	ROY	READ	N/A	Male40-49 ✓	2	-	00	-	32
146	292	RICHARD	PEARS	N/A	Male40-49 ✓	2	-	00	-	34
147	489	NICKY	HOWARD	BECKENHAM RC	Ladies35-44 ✓	2	-	00	-	38
148	733	KEN	MACKENZIE	DARTFORD ROAD RUNNERS	Male60+ ✓	2	-	00	-	43
149	78	BEN	LASHMAR	N/A	Male ✓	2	-	00	-	53
150	290	COLIN	JONES	BARKING ROAD RUNNERS	Male40-49 ✓	2	-	00	-	55
151	46	PAUL	RUTKOWSKI	N/A	Male ✓	2	-	00	-	56
152	85	PETER	ASH	SEVENOAKS AC	Male ✓	2	-	00	-	57
153	308	PAUL	MCINNERNEY	BENFLEET	Male40-49 ✓	2	-	01	-	00
154	532	CHRISTINE	INCH	ORION HARRIERS	Ladies45-54 ✓	2	-	01	-	10
155	419	CLAIRE	WAGH	ETON MANOR	Ladies ✓	2	-	01	-	18
156	61	STEPHEN	JACKSON	ETON MANOR	Male ✓	2	-	01	-	18
157	57	DANIEL	LEE	N/A	Male ✓	2	-	01	-	23
158	277	CHRIS	MILNE	THURROCK NOMADS	Male40-49 ✓	2	-	01	-	31
159	367	GRAEME	NEWMAN	BENFLEET	Male50-59 ✓	2	-	01	-	33
160	115	DARREN	STEVENS	DAGENHAM88	Male ✓	2	-	01	-	35
161	139	?	METSON	N/A	Male ✓	2	-	01	-	41
162	219	STEVE	FERRAR	BECKENHAM RC	Male40-49 ✓	2	-	01	-	47
163	66	ROB	JONES	COLCHESTER HARRIERS	Male ✓	2	-	01	-	58
164	133	STEVEN	DOWNING	BENFLEET	Male ✓	2	-	02	-	06
165	146	ROB	HALL	ZAMUNDA	Male ✓	2	-	02	-	10
166	242	RICHARD	GOWERS	N/A	Male40-49 ✓	2	-	02	-	12
167	70	LAURENCE	HARRISON	BILLERICAY STRIDERS	Male ✓	2	-	02	-	31
168	232	STEPHEN	CARDNELL	N/A	Male40-49 ✓	2	-	02	-	38
169	500	MARY	ARMITAGE	ORION HARRIERS	Ladies35-44 ✓	2	-	02	-	41
170	420	ANGELA	HEDGES	DARTFORD ROAD RUNNERS	Ladies ✓	2	-	02	-	45
171	296	SIMON	ROBERTSON	SWANLEY & DISTRICT AC	Male40-49 ✓	2	-	02	-	51
172	18	TONY	BAGUCU	BECKENHAM RC	Male ✓	2	-	02	-	54
173	441	LAUREN	BROMLEY	N/A	Ladies ✓	2	-	02	-	57
174	394	KEITH	JACKSON	PITSEA	Male50-59 ✓	2	-	03	-	13
175	106	ANDREW	SMITH	PITSEA	Male ✓	2	-	03	-	25
176	283	STEVE	BEECH	PITSEA	Male40-49 ✓	2	-	03	-	33
177	119	JOHN	SLAUGHTER	EAST END ROAD RUNNERS	Male ✓	2	-	03	-	59
178	14	DUANE	BARRETT	BILLERICAY STRIDERS	Male ✓	2	-	04	-	09
179	3	CHRIS	ADAMS	WARE JOGGERS	Male ✓	2	-	04	-	10
180	45	MARK	AMBROSE	BARKING ROAD RUNNERS	Male ✓	2	-	04	-	16
181	746	ROBIN	PARSONS	LATTON RUNNERS	Male60+ ✓	2	-	04	-	17
182	96	CHRIS	BARBER	SWANLEY & DISTRICT AC	Male ✓	2	-	04	-	26
183	229	MIKE	MASON	BENFLEET	Male40-49 ✓	2	-	04	-	36
184	217	JOHN	MORSLEY	BECKENHAM RC	Male40-49 ✓	2	-	04	-	47
185	392	KEITH	CHRISTMAS	PITSEA	Male50-59 ✓	2	-	04	-	58
186	564	MARIO	CIENTANNI	GRAVESEND RR	Male40-49 ✓	2	-	05	-	03
187	335	ANDREW	HINDS	BECKENHAM RC	Male50-59 ✓	2	-	05	-	04
188	410	LOUISE	PERRIN	BARKING ROAD RUNNERS	Ladies ✓	2	-	05	-	08
189	274	JEFF	HOWE	DARTFORD ROAD RUNNERS	Male40-49 ✓	2	-	05	-	08
190	134	PETER	SHORTER	BENFLEET	Male ✓	2	-	05	-	08
191	508	GAIL	PATMAN	SOUTHEND AC	Ladies35-44 ✓	2	-	05	-	10
192	388	ROBERT	JOUSIFFE	ORION HARRIERS	Male50-59 ✓	2	-	05	-	26
193	404	MELAINE	BURDETT	BECKENHAM RC	Ladies ✓	2	-	05	-	30
194	385	STEVE	JONES	N/A	Male50-59 ✓	2	-	05	-	32
195	55	PATRICK	MARSH	COLCHESTER HARRIERS	Male ✓	2	-	05	-	33
196	268	GRAHAM	CROCKET	N/A	Male40-49 ✓	2	-	05	-	36
197	376	TERENCE	WHALLEY	MID-ESSEX CASUALS	Male50-59 ✓	2	-	05	-	38
198	239	BILL	PARKER	N/A	Male40-49 ✓	2	-	05	-	45
199	526	ANGELA	BENT	PITSEA	Ladies45-54 ✓	2	-	05	-	46
200	250	STEVE	WHITE	SAFFRON STRIDERS	Male40-49 ✓	2	-	06	-	00
201	355	JOHNNY	CONQUEST	HAVERING 90	Male50-59 ✓	2	-	06	-	00
202	422	CARRIE	HAGUE	DARTFORD ROAD RUNNERS	Ladies ✓	2	-	06	-	09
203	293	CHRIS	HUGGINS	PITSEA	Male40-49 ✓	2	-	06	-	22
204	334	ANDREW	REES	BECKENHAM RC	Male50-59 ✓	2	-	06	-	30
205	559	GRAHAM	MELROSE	GRAVESEND RR	Male40-49 ✓	2	-	06	-	32
206	566	MURRAY	AITKIN	N/A	Male40-49 ✓	2	-	06	-	34
207	257	KEVIN	MCKENNY	N/A	Male40-49 ✓	2	-	06	-	36
208	354	MICK	STAINES	CASTLE POINT JOGGERS	Male50-59 ✓	2	-	06	-	42
209	68	CHRIS	BUTLER	SERPENTINE	Male ✓	2	-	06	-	47
210	299	DON	TAYLOR	ORION HARRIERS	Male40-49 ✓	2	-	07	-	02
211	375	MIKE	COLLINS	SITTINGBOURNE STRIDERS	Male50-59 ✓	2	-	07	-	09
212	13	ANDREW	DUNSMUIR-WATTS	WITHAM RC	Male ✓	2	-	07	-	11
213	241	DAVID	ANDREWS	WITHAM RC	Male40-49 ✓	2	-	07	-	13
214	105	GERARD	OSULLIVAN	N/A	Male ✓	2	-	07	-	15
215	336	DEREK	MUNT	BECKENHAM RC	Male50-59 ✓	2	-	07	-	24
216	568	STUART	PAYNE	EAST ESSEX TRI-CLUB	Male40-49 ✓	2	-	07	-	26

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217	210	ROBERT	HARDING	N/A	Male40-49	✓	2	-	07	-	31
218	439	GAIL	ROYSTON	BILLERICAY STRIDERS	Ladies	✓	2	-	07	-	31
219	261	DAVE	SWEET	BILLERICAY STRIDERS	Male40-49	✓	2	-	07	-	35
220	565	PAUL	PAYNE	N/A	Male40-49	✓	2	-	07	-	43
221	736	VIC	PRIDMORE	BILLERICAY STRIDERS	Male60+	✓	2	-	07	-	44
222	567	MALCOLM	LANE	HENFIELD JOGGERS	Male40-49	✓	2	-	07	-	46
223	330	RALPH	BERNASCONE	HENFIELD JOGGERS	Male50-59	✓	2	-	07	-	48
224	24	MARTIN	SAGGERS	WARE JOGGERS	Male	✓	2	-	07	-	51
225	123	KEITH	TANNER	CAMBRIDGE HARRIERS	Male	✓	2	-	08	-	06
226	539	ALISON	BUGG	ORION HARRIERS	Ladies45-54	✓	2	-	08	-	09
227	204	CHRIS	CAMMIDGE	CASTLE POINT JOGGERS	Male40-49	✓	2	-	08	-	13
228	490	KATE	MARCHANT	BECKENHAM RC	Ladies35-44	✓	2	-	08	-	18
229	16	GRAEME	FANCETT	BECKENHAM RC	Male	✓	2	-	08	-	23
230	131	PAUL	LOVERIDGE	N/A	Male	✓	2	-	08	-	25
231	281	BRIAN	SIDELL	DARTFORD ROAD RUNNERS	Male40-49	✓	2	-	08	-	27
232	125	TERRY	COCKELL	BENFLEET	Male	✓	2	-	08	-	30
233	346	JIM	DAVIS	HERTS PHOENIX	Male50-59	✓	2	-	08	-	38
234	124	TONY	COLLIER	N/A	Male	✓	2	-	08	-	56
235	378	WILLIAM	ADAMS	N/A	Male50-59	✓	2	-	08	-	58
236	479	SALLY	GILLAM	ILFORD AC	Ladies35-44	✓	2	-	09	-	03
237	81	DARREN	LATTER	N/A	Male	✓	2	-	09	-	14
238	31	RUSSELL	SWANN	WITHAM RC	Male	✓	2	-	09	-	40
239	23	ANDY	FRITH	N/A	Male	✓	2	-	09	-	49
240	570	BOSCO	DESOUZA	FITNESS FIRST FLYERS	Male40-49	✓	2	-	09	-	50
241	6	DERREN	PETERS	N/A	Male	✓	2	-	09	-	55
242	54	BEN	DEAN	BISHOPS STORTFORD	Male	✓	2	-	10	-	08
243	429	KIRSTY	WESTON	EAST LONDON RUNNERS	Ladies	✓	2	-	10	-	17
244	362	JACK	BROOKS	ST ALBANS STRIDERS	Male50-59	✓	2	-	10	-	28
245	542	KAREN	WHITE	EAST LONDON RUNNERS	Ladies45-54	✓	2	-	10	-	41
246	520	ELIZABETH	CAHILL	COLCHESTER HARRIERS	Ladies35-44	✓	2	-	11	-	14
247	39	TOM	PERRY	N/A	Male	✓	2	-	11	-	19
248	214	STEVE	JOLLY	N/A	Male40-49	✓	2	-	11	-	24
249	116	JOHN	QUINN	ORION HARRIERS	Male	✓	2	-	11	-	30
250	205	STEPHEN	COWEN	FITNESS FIRST FLYERS	Male40-49	✓	2	-	11	-	32
251	276	TREVOR	PEACOCK	THRIFT GREEN TROTTERS	Male40-49	✓	2	-	11	-	36
252	442	SAM	HAMBLYN	N/A	Ladies	✓	2	-	11	-	38
253	333	PETE	BULAITIS	ORION HARRIERS	Male50-59	✓	2	-	11	-	42
254	221	IAN	SOANE	PITSEA	Male40-49	✓	2	-	11	-	50
255	312	PHILLIP	BARRETT	PITSEA	Male40-49	✓	2	-	11	-	56
256	245	KENNETH	WILSON	EAST LONDON RUNNERS	Male40-49	✓	2	-	11	-	56
257	437	JANET	HILL	N/A	Ladies	✓	2	-	12	-	14
258	497	SUSAN	AVES	WITHAM RC	Ladies35-44	✓	2	-	12	-	18
259	391	PETER	FLANNIGAN	PITSEA	Male50-59	✓	2	-	12	-	24
260	203	LES	TAYLOR	WARE JOGGERS	Male40-49	✓	2	-	12	-	28
261	483	LYNN	NICHOLLS	WARE JOGGERS	Ladies35-44	✓	2	-	12	-	51
262	11	SALIM	ISSA	BARKING ROAD RUNNERS	Male	✓	2	-	13	-	04
263	284	MICHAEL	WILSON	EAST LONDON RUNNERS	Male40-49	✓	2	-	13	-	12
264	347	MICHAEL	BARROWMAN	ST ALBANS STRIDERS	Male50-59	✓	2	-	13	-	17
265	270	PHIL	BROWN	BEXLEY AC	Male40-49	✓	2	-	13	-	21
266	552	IAN	MONTAGUE	BLACKWATER TRI-CLUB	Male40-49	✓	2	-	13	-	41
267	307	ALAIN	LODGE	N/A	Male40-49	✓	2	-	13	-	50
268	585	DAVE	KNIGHT	EAST LONDON RUNNERS	Male50-59	✓	2	-	13	-	52
269	34	TOM	DOWNES	26.2 RRC	Male	✓	2	-	13	-	55
270	92	CHRIS	PARR	N/A	Male	✓	2	-	14	-	06
271	518	SUSIE	BRIGHTON	MORNINGTON CHASERS	Ladies35-44	✓	2	-	14	-	11
272	548	CLAIRE	STEWART	DULWICH RUNNERS	Ladies45-54	✓	2	-	14	-	21
273	533	SUE	THAKE	BILLERICAY STRIDERS	Ladies45-54	✓	2	-	14	-	24
274	225	GLEN	TAYLOR	SOUTHEND AC	Male40-49	✓	2	-	14	-	33
275	305	DAVID	ENDERS	N/A	Male40-49	✓	2	-	14	-	33
276	331	CHRIS	BENT	PITSEA	Male50-59	✓	2	-	14	-	47
277	484	LINDA	DUFFELL	DARTFORD ROAD RUNNERS	Ladies35-44	✓	2	-	14	-	54
278	89	JOHN	SMITH	EAST ESSEX TRI-CLUB	Male	✓	2	-	14	-	56
279	144	RICHARD	HOWE	ZAMUNDA	Male	✓	2	-	15	-	10
280	135	KELVIN	PRINCE	N/A	Male	✓	2	-	15	-	10
281	332	JOHN	CRAMPORN	HAVERING 90	Male50-59	✓	2	-	15	-	38
282	431	CHERIE	HIPKINS	GREAT YARMOUTH RR	Ladies	✓	2	-	15	-	41
283	262	ANDRZEJ	GAJBUTOWICZ	VPH & THAC	Male40-49	✓	2	-	15	-	47
284	502	ELAINE	BANVILLE	BILLERICAY STRIDERS	Ladies35-44	✓	2	-	15	-	54
285	370	COLIN	LOGIER	BECKENHAM RC	Male50-59	✓	2	-	15	-	58
286	569	NEIL	GODIER	N/A	Male40-49	✓	2	-	16	-	08
287	328	BRIAN	REID	SPRINGFIELD STRIDERS	Male50-59	✓	2	-	16	-	24
288	37	MARCO	MISTICONI	DEAL TRI	Male	✓	2	-	16	-	27
289	76	CHRIS	HALL	N/A	Male	✓	2	-	16	-	37

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290	516	DEBBIE	GRAHAM	N/A	Ladies35-44	✓	2	-	16	-	57
291	494	BETTINA	MACCARIELLO	THURROCK HARRIERS	Ladies35-44	✓	2	-	17	-	11
292	140	BERNEL	NOTA	N/A	Male	✓	2	-	17	-	13
293	549	JULIE	ROBINSON	ORION HARRIERS	Ladies45-54	✓	2	-	17	-	14
294	95	DAVID	ADAMS	THURROCK HARRIERS	Male	✓	2	-	17	-	17
295	574	PETER	WOODARD	THURROCK NOMADS	Male50-59	✓	2	-	17	-	20
296	433	JODIE	TIMBRELL	THRIFT GREEN TROTTERS	Ladies	✓	2	-	17	-	34
297	364	DEREK	POLLETT	SPRINGFIELD STRIDERS	Male50-59	✓	2	-	17	-	34
298	544	FRANCES	COOKE	MARCH ATHLETIC CLUB	Ladies45-54	✓	2	-	18	-	05
299	381	TERRY	DOWNING	SAFFRON STRIDERS	Male50-59	✓	2	-	18	-	09
300	323	TERRY	ARNOLD	N/A	Male40-49	✓	2	-	18	-	18
301	517	KELLIE	NESDALE	N/A	Ladies35-44	✓	2	-	18	-	24
302	546	TINA	KNOWLDEN	THURROCK NOMADS	Ladies45-54	✓	2	-	18	-	40
303	287	STEVE	PEGRAM	N/A	Male40-49	✓	2	-	18	-	46
304	97	NICK	DAVIES	GARDEN CITY RUNNERS	Male	✓	2	-	18	-	49
305	208	JOHN	HARDING	N/A	Male40-49	✓	2	-	18	-	50
306	209	PHILLIP	HARDING	N/A	Male40-49	✓	2	-	18	-	51
307	343	RICHARD	DUNSTAN	DARTFORD ROAD RUNNERS	Male50-59	✓	2	-	18	-	55
308	82	MARTIN	BROWN	N/A	Male	✓	2	-	18	-	58
309	582	KIM	LYM	BEXLEY AC	Ladies45-54	✓	2	-	19	-	00
310	10	SIMON	CARNALL	N/A	Male	✓	2	-	19	-	02
311	740	KEITH	SCRIVENER	GREAT BENTLEY RC	Male60+	✓	2	-	19	-	34
312	40	MARK	BEARN	N/A	Male	✓	2	-	19	-	36
313	356	STEPHEN	WILSON	PLUMSTEAD RUNNERS	Male50-59	✓	2	-	19	-	52
314	402	MEL	PARKER	FITNESS FIRST FLYERS	Ladies	✓	2	-	19	-	57
315	36	MARK	FRIBBENS	N/A	Male	✓	2	-	19	-	58
316	256	STEVE	DYMOND	N/A	Male40-49	✓	2	-	19	-	59
317	390	TERRY	MEADOWS	THURROCK NOMADS	Male50-59	✓	2	-	20	-	05
318	537	FIONA	SUTHERLAND	BISHOPS STORTFORD	Ladies45-54	✓	2	-	20	-	08
319	138	PAUL	GRIBBON	N/A	Male	✓	2	-	20	-	34
320	745	ROGER	IVES	N/A	Male60+	✓	2	-	20	-	47
321	436	CLAIRE	STRONG	BEXLEY AC	Ladies	✓	2	-	20	-	49
322	743	ROGER	DUFFIELD	TIPTREE ROAD RUNNERS	Male60+	✓	2	-	20	-	57
323	399	LES	PULLEN	CAMBRIDGE HARRIERS	Male50-59	✓	2	-	20	-	58
324	523	PATRICIA	ONEILL	EAST LONDON RUNNERS	Ladies35-44	✓	2	-	21	-	04
325	363	BILL	HAGUE	DARTFORD ROAD RUNNERS	Male50-59	✓	2	-	21	-	06
326	102	CHRIS	THEOFANUS	N/A	Male	✓	2	-	21	-	09
327	224	ANDREW	BURGESS	MAIDSTONE HARRIERS	Male40-49	✓	2	-	21	-	12
328	440	JENNY	FARMER	DARTFORD HARRIERS	Ladies	✓	2	-	21	-	23
329	395	TONY	FARMER	DARTFORD HARRIERS	Male50-59	✓	2	-	21	-	23
330	522	ELENA	HOLMES	N/A	Ladies35-44	✓	2	-	21	-	32
331	794	AUDREY	DYETT	DARTFORD ROAD RUNNERS	Ladies55+	✓	2	-	21	-	53
332	488	ELEANOR	COWAN	BISHOPS STORTFORD	Ladies35-44	✓	2	-	21	-	55
333	65	MARK	PALMER	N/A	Male	✓	2	-	22	-	06
334	485	ASHLEY	DONOGHUE	BARKING ROAD RUNNERS	Ladies35-44	✓	2	-	22	-	09
335	398	JOHN	HANLON	ORION HARRIERS	Male50-59	✓	2	-	22	-	15
336	586	MARY	OBRIEN	EAST LONDON RUNNERS	Ladies45-54	✓	2	-	22	-	18
337	86	GARY	LANE	ALTON RUNNERS	Male	✓	2	-	22	-	19
338	254	HUGH	SIGRIST	N/A	Male40-49	✓	2	-	22	-	56
339	383	RON	LUCK	HARLOW RC	Male50-59	✓	2	-	23	-	09
340	430	CERI	ARMSTRONG	THURROCK NOMADS	Ladies	✓	2	-	23	-	27
341	540	LINDA	CLAMPETT	THURROCK HARRIERS	Ladies45-54	✓	2	-	23	-	28
342	365	DAVID	DUTTON	THURROCK HARRIERS	Male50-59	✓	2	-	23	-	29
343	428	DIANE	EASTLAND	FITNESS FIRST FLYERS	Ladies	✓	2	-	23	-	37
344	326	KEITH	PASSINGHAM	PITSEA	Male50-59	✓	2	-	23	-	45
345	121	JASON DEAN	CRISPIN	EAST END ROAD RUNNERS	Male	✓	2	-	23	-	55
346	406	RUTH	MALLIA	BECKENHAM RC	Ladies	✓	2	-	23	-	59
347	384	MICHAEL	POULTER	WITHAM RC	Male50-59	✓	2	-	24	-	28
348	380	DOUG	ADAMS	DAGENHAM88	Male50-59	✓	2	-	24	-	29
349	244	NICK	SYRETT	N/A	Male40-49	✓	2	-	24	-	34
350	240	JOHN	GWILLIM	GREAT BENTLEY RC	Male40-49	✓	2	-	24	-	36
351	231	IAN	MCCARTHY	BECKENHAM RC	Male40-49	✓	2	-	24	-	58
352	142	ROB	BEUDIAR	THRIFT GREEN TROTTERS	Male	✓	2	-	25	-	17
353	359	MICHAEL	RICHARDSON	DARTFORD ROAD RUNNERS	Male50-59	✓	2	-	25	-	31
354	744	WILLIAM	METCALFE	BASILDON AC	Male60+	✓	2	-	25	-	32
355	531	JACQUELINE	MILLS	PITSEA	Ladies45-54	✓	2	-	25	-	37
356	382	MARTIN	HEAP	DARTFORD ROAD RUNNERS	Male50-59	✓	2	-	25	-	44
357	541	PAULINE	THOMPSON	HAVERING 90	Ladies45-54	✓	2	-	26	-	02
358	8	ROY	FLEMING	BILLERICAY STRIDERS	Male	✓	2	-	26	-	10
359	799	BARBARA	LAW	GREAT BENTLEY RC	Ladies55+	✓	2	-	26	-	17
360	503	AMANDA	HESLEGRAVE	DAGENHAM88	Ladies35-44	✓	2	-	26	-	20
361	515	DIANA	BUCKLEY	TUNBRIDGE WELLS HARRIERS	Ladies35-44	✓	2	-	26	-	47
362	327	PETER	COLLIER	FITNESS FIRST FLYERS	Male50-59	✓	2	-	27	-	00

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363	357	CLIFF	BAKER	COLCHESTER HARRIERS	Male50-59	✓	2	-	27	-	15
364	286	MICHAEL	RAGAN	N/A	Male40-49	✓	2	-	27	-	35
365	230	JEREMY	HILL	BECKENHAM RC	Male40-49	✓	2	-	27	-	39
366	421	VICKY	STONE	N/A	Ladies	✓	2	-	27	-	46
367	735	RONALD	SMITH	SITTINGBOURNE STRIDERS	Male60+	✓	2	-	27	-	47
368	358	RICHARD	STONE	N/A	Male50-59	✓	2	-	28	-	00
369	345	IAN	DAWSON	MAIDSTONE HARRIERS	Male50-59	✓	2	-	28	-	00
370	797	SHEILA	MACAULAY	SPRINGFIELD STRIDERS	Ladies55+	✓	2	-	28	-	04
371	424	SARAH	BRUCE	DULWICH RUNNERS	Ladies	✓	2	-	28	-	11
372	426	CLARE	FRYER	HAVERING 90	Ladies	✓	2	-	28	-	12
373	267	PATRICK	KERRINS	BECKENHAM RC	Male40-49	✓	2	-	28	-	14
374	739	ROBERT	HULMES	SITTINGBOURNE STRIDERS	Male60+	✓	2	-	28	-	43
375	536	WENDY	KNEE	SITTINGBOURNE STRIDERS	Ladies45-54	✓	2	-	28	-	43
376	553	GORDON	CARTWRIGHT	N/A	Male40-49	✓	2	-	28	-	48
377	521	ANNE	HARRIS	HAVERING 90	Ladies35-44	✓	2	-	28	-	51
378	87	SEAN	WHATLING	GREAT YARMOUTH RR	Male	✓	2	-	29	-	12
379	218	JONATHAN	WEAL	BECKENHAM RC	Male40-49	✓	2	-	29	-	14
380	325	BRONWYN	DULVAY	LEIGH ON SEA STRIDERS	Male40-49	✓	2	-	29	-	23
381	324	TONY	COLE	LEIGH ON SEA STRIDERS	Male40-49	✓	2	-	29	-	23
382	9	JAMES	RICHARDSON	HAVERING 90	Male	✓	2	-	29	-	59
383	538	CATHERINE	SLADE	THRIFT GREEN TROTTERS	Ladies45-54	✓	2	-	30	-	02
384	25	MIKE	MAGUIRE	ROAD RUNNERS CLUB	Male	✓	2	-	30	-	15
385	519	FIONA	CLARK	COLCHESTER HARRIERS	Ladies35-44	✓	2	-	30	-	25
386	350	ALAN	HILTON	N/A	Male50-59	✓	2	-	30	-	30
387	319	PAUL	HODGE	N/A	Male40-49	✓	2	-	31	-	01
388	141	IAN	MILES	N/A	Male	✓	2	-	31	-	06
389	562	PAUL	JACOBSON	BILLERICAY STRIDERS	Male40-49	✓	2	-	31	-	10
390	83	RICHARD	LEE	BILLERICAY STRIDERS	Male	✓	2	-	31	-	10
391	282	JOHN	RICKARD	LEIGH ON SEA STRIDERS	Male40-49	✓	2	-	31	-	18
392	412	KATHY	MCCROW	BILLERICAY STRIDERS	Ladies	✓	2	-	31	-	22
393	423	LOUISE	HAMMOND	BILLERICAY STRIDERS	Ladies	✓	2	-	31	-	22
394	49	RYAN	GIBSON	N/A	Male	✓	2	-	31	-	32
395	795	SUSAN	WARD	BENFLEET	Ladies55+	✓	2	-	31	-	44
396	288	STEPHEN	WARD	BENFLEET	Male40-49	✓	2	-	31	-	44
397	482	PAM	KAVANAGH	THURROCK HARRIERS	Ladies35-44	✓	2	-	31	-	58
398	393	TERRY	GREEN	N/A	Male50-59	✓	2	-	32	-	01
399	79	GARETH	TUCKER	BARKING ROAD RUNNERS	Male	✓	2	-	32	-	12
400	339	KEN	BECK	READING ROADRUNNERS	Male50-59	✓	2	-	32	-	49
401	377	?	WILLIS	BARKING ROAD RUNNERS	Male50-59	✓	2	-	32	-	59
402	496	LORRAINE	NIXON	BISHOPS STORTFORD	Ladies35-44	✓	2	-	33	-	30
403	504	LORNA	PETTIFER	PITSEA	Ladies35-44	✓	2	-	34	-	00
404	486	ANNE	BALLINGER	ROAD RUNNERS CLUB	Ladies35-44	✓	2	-	34	-	45
405	487	TRACEY	FLETCHER	ROAD RUNNERS CLUB	Ladies35-44	✓	2	-	34	-	48
406	235	PAUL	DARBY	N/A	Male40-49	✓	2	-	35	-	16
407	408	LAURIE	SOANE	PITSEA	Ladies	✓	2	-	36	-	12
408	338	DENNIS	SPENCER-PERKINS	BARKING ROAD RUNNERS	Male50-59	✓	2	-	36	-	24
409	111	BRIAN	TELFORD	GREAT BENTLEY RC	Male	✓	2	-	36	-	55
410	56	PAUL	BRAME	HEADINGTON ROAD RUNNERS	Male	✓	2	-	37	-	39
411	213	BOB	JACK	BUNGAY BLACK DOG	Male40-49	✓	2	-	39	-	03
412	243	PETER	STRANGE	THRIFT GREEN TROTTERS	Male40-49	✓	2	-	39	-	08
413	278	MARK	PEAD	THRIFT GREEN TROTTERS	Male40-49	✓	2	-	39	-	10
414	584	TERESA	MITCHELL	N/A	Ladies45-54	✓	2	-	39	-	44
415	583	SHEILA	GILLIE	CLUB UNKNOWN	Ladies45-54	✓	2	-	40	-	17
416	534	JANE	WILLIAMS	FARROW TRI-CLUB	Ladies45-54	✓	2	-	41	-	19
417	309	MIKE	JEFFERY	SOUTHEND AC	Male40-49	✓	2	-	41	-	21
418	137	NICHOLAS	PERRY	N/A	Male	✓	2	-	41	-	49
419	28	STEVE	OLIVER	N/A	Male	✓	2	-	42	-	16
420	297	COLIN	NICOL	N/A	Male40-49	✓	2	-	42	-	44
421	747	ROY	JONES	CASTLE POINT JOGGERS	Male60+	✓	2	-	42	-	54
422	527	LESLEY	MORGAN	CASTLE POINT JOGGERS	Ladies45-54	✓	2	-	43	-	03
423	731	JOHN	VIRGO	CASTLE POINT JOGGERS	Male60+	✓	2	-	43	-	04
424	547	ELAINE	ODDIE	ROAD RUNNERS CLUB	Ladies45-54	✓	2	-	44	-	01
425	730	MICHAEL	COTTRELL	BILLERICAY STRIDERS	Male60+	✓	2	-	44	-	08
426	69	SIMON	LYCETT	N/A	Male	✓	2	-	45	-	00
427	505	ALISON	MARIS	LEIGH ON SEA STRIDERS	Ladies35-44	✓	2	-	45	-	16
428	120	NEIL	CORNELIUS	N/A	Male	✓	2	-	45	-	42
429	550	JANET	FINCH	BARKING ROAD RUNNERS	Ladies45-54	✓	2	-	45	-	50
430	506	LESLEY	MONOD	N/A	Ladies35-44	✓	2	-	46	-	36
431	353	DAVE	MOLES	100 MARATHON CLUB	Male50-59	✓	2	-	46	-	49
432	387	MICK	QUINLIVAN	THRIFT GREEN TROTTERS	Male50-59	✓	2	-	47	-	39
433	322	STEVE	BARKER	TUNBRIDGE WELLS HARRIERS	Male40-49	✓	2	-	47	-	40
434	499	DAWN	POTTER	SPRINGFIELD STRIDERS	Ladies35-44	✓	2	-	47	-	41
435	800	PHYLL	CAMPBELL	N/A	Ladies55+	✓	2	-	47	-	56

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436	386	ROBERT	COURTIER	BARKING ROAD RUNNERS	Male50-59	✓	2	-	48	-	27
437	403	HAZEL	ADAMS	N/A	Ladies	✓	2	-	49	-	27
438	411	FAYE	RICHARDS	N/A	Ladies	✓	2	-	49	-	28
439	581	DAPHNE	PUGH	CASTLE POINT JOGGERS	Ladies55+	✓	2	-	50	-	03
440	748	NICK	PUGH	CASTLE POINT JOGGERS	Male60+	✓	2	-	50	-	03
441	389	STEPHEN	CONNOLLY	CASTLE POINT JOGGERS	Male50-59	✓	2	-	50	-	53
442	737	TONY	BUCKMASTER	N/A	Male60+	✓	2	-	51	-	24
443	509	LIZ	STONES	N/A	Ladies35-44	✓	2	-	51	-	53
444	695	JULIE	WING	MAIDSTONE HARRIERS	Ladies55+	✓	2	-	54	-	09
445	512	IRENE	HEATHCOTE	BISHOPS STORTFORD	Ladies35-44	✓	2	-	54	-	20
446	443	KATE	MAGRATH	N/A	Ladies	✓	2	-	56	-	30
447	510	CLAIRE	BOATWRIGHT	BISHOPS STORTFORD	Ladies35-44	✓	2	-	57	-	08
448	732	DAVID	THURTL	EAST END ROAD RUNNERS	Male60+	✓	2	-	57	-	17
449	315	MICHAEL	LINSTEAD	DAGENHAM88	Male40-49	✓	2	-	58	-	15
450	513	MARIA	JOANNOU	BISHOPS STORTFORD	Ladies35-44	✓	2	-	59	-	04
451	275	MARK	PINNICK	N/A	Male40-49	✓	2	-	59	-	17
452	341	LAURENCE	WITTE	N/A	Male50-59	✓	2	-	59	-	35
453	298	MARK	FORD	N/A	Male40-49	✓	2	-	59	-	41
454	514	PAULINE	STROUD	BISHOPS STORTFORD	Ladies35-44	✓	3	-	00	-	51
455	409	HAYLEY	OLIVER	N/A	Ladies	✓	3	-	05	-	52
456	738	TONY	STONHAM	SITTINGBOURNE STRIDERS	Male60+	✓	3	-	06	-	50
457	371	JIM	TAYLOR	PADDOCK WOOD AC	Male50-59	✓	3	-	07	-	56
458	511	PATI	HUMBLES	N/A	Ladies35-44	✓	3	-	08	-	39
459	796	ELAINE	MITCHELL	CASTLE POINT JOGGERS	Ladies55+	✓	3	-	09	-	01
460	103	DAVID	EVE	PITSEA	Male	✓	3	-	11	-	12
461	481	APRIL	TOTTERDELL	DOVER ROAD RUNNERS	Ladies35-44	✓	3	-	14	-	41
462	729	GRAHAM	TOTTERDELL	DOVER ROAD RUNNERS	Male60+	✓	3	-	14	-	43
463	104	RICK-LEE	ADAMS	N/A	Male	✓	3	-	16	-	08
464	418	OLIVE	LYCETT	LOUGHTON	Ladies	✓	3	-	18	-	14
465	798	SEONALD	BROOKS	BISHOPS STORTFORD	Male50-59	✓	3	-	19	-	45

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Men's Team Positions

1st		COLCHESTER HARRIERS			25 PTS	
5	101	ALLEN	SMALLS	COLCHESTER HARRIERS	Male	1 - 32 - 22
6	93	SEAN	KETTERIDGE	COLCHESTER HARRIERS	Male	1 - 32 - 36
14	99	GLEN	DOEL	COLCHESTER HARRIERS	Male	1 - 37 - 03

2nd		THURROCK HARRIERS			38PTS	
10	73	JAMIE	SEAMARK	THURROCK HARRIERS	Male	1 - 35 - 42
12	318	JOHN	GREEN	THURROCK HARRIERS	Male40-49	1 - 36 - 0
16	301	JOHN	CHAMBERS	THURROCK HARRIERS	Male40-49	1 - 37 - 37

3rd		BILLERICAY STRIDERS			67PTS	
1	113	CRISPIAN	BLOOMFIELD	BILLERICAY STRIDERS	Male	1 - 28 - 08
29	263	KEVIN	JACOB	BILLERICAY STRIDERS	Male40-49	1 - 41 - 06
37	127	SCOTT	HENSHAW	BILLERICAY STRIDERS	Male	1 - 42 - 58

Ladies Team Positions

1st		SOUTHEND AC			22PTS	
5	68	CLAIRE	DONNELLY	SOUTHEND AC	Ladies	1 - 47 - 33
7	109	MELAINE	LING	SOUTHEND AC	Ladies35-44	1 - 54 - 03
10	140	AMANDA	BUSSEY	SOUTHEND AC	Ladies35-44	2 - 00 - 02

2nd		ORION HARRIERS			52PTS	
13	154	CHRISTINE	INCH	ORION HARRIERS	Ladies45-54	2 - 01 - 10
15	169	MARY	ARMITAGE	ORION HARRIERS	Ladies35-44	2 - 02 - 41
24	226	ALISON	BUGG	ORION HARRIERS	Ladies45-54	2 - 08 - 09

3rd		BECKENHAM RC			57PTS	
12	147	NICKY	HOWARD	BECKENHAM RC	Ladies35-44	2 - 00 - 38
20	193	MELAINE	BURDETT	BECKENHAM RC	Ladies	2 - 05 - 30
25	228	KATE	MARCHANT	BECKENHAM RC	Ladies35-44	2 - 08 - 18

BENFLEET 15 LADIES RESULTS

Sunday 29th January 2006

Pos	No	Competitor	Club	Age Group	Hrs	Mins	Secs
1	432	ELIZABETH HAWKER	ROAD RUNNERS CLUB	Ladies	1	39	42
2	415	DEBBIE APPLETON	HAVERING MAYESBROOK	Ladies	1	41	32
3	545	JANE LAWS	BARNET & DISTRICT AC	Ladies45-54	1	44	16
4	438	WENDY KING	N/A	Ladies	1	46	06
5	425	CLAIRE DONNELLY	SOUTHEND AC	Ladies	1	47	33
6	416	JOANNE SULLIVAN	HAVERING MAYESBROOK	Ladies	1	51	31
7	495	MELAINE LING	SOUTHEND AC	Ladies35-44	1	54	03
8	480	TRACEY ALEXANDROU	THRIFT GREEN TROTTERS	Ladies35-44	1	56	47
9	435	ALISON BENT	PITSEA	Ladies	1	57	45
10	266	AMANDA BUSSEY	SOUTHEND AC	Ladies35-44	2	00	02
11	407	JAROSLAVA KORPANEC	SERPENTINE	Ladies	2	00	31
12	489	NICKY HOWARD	BECKENHAM RC	Ladies35-44	2	00	38
13	532	CHRISTINE INCH	ORION HARRIERS	Ladies45-54	2	01	10
14	419	CLAIRE WAGH	ETON MANOR	Ladies	2	01	18
15	500	MARY ARMITAGE	ORION HARRIERS	Ladies35-44	2	02	41
16	420	ANGELA HEDGES	DARTFORD ROAD RUNNERS	Ladies	2	02	45
17	441	LAUREN BROMLEY	N/A	Ladies	2	02	57
18	410	LOUISE PERRIN	BARKING ROAD RUNNERS	Ladies	2	05	08
19	508	GAIL PATMAN	SOUTHEND AC	Ladies35-44	2	05	10
20	404	MELAINE BURDETT	BECKENHAM RC	Ladies	2	05	30
21	526	ANGELA BENT	PITSEA	Ladies45-54	2	05	46
22	422	CARRIE HAGUE	DARTFORD ROAD RUNNERS	Ladies	2	06	09
23	439	GAIL ROYSTON	BILLERICAY STRIDERS	Ladies	2	07	31
24	539	ALISON BUGG	ORION HARRIERS	Ladies45-54	2	08	09
25	490	KATE MARCHANT	BECKENHAM RC	Ladies35-44	2	08	18
26	479	SALLY GILLAM	ILFORD AC	Ladies35-44	2	09	03
27	429	KIRSTY WESTON	EAST LONDON RUNNERS	Ladies	2	10	17
28	542	KAREN WHITE	EAST LONDON RUNNERS	Ladies45-54	2	10	41
29	520	ELIZABETH CAHILL	COLCHESTER HARRIERS	Ladies35-44	2	11	14
30	442	SAM HAMBLYN	N/A	Ladies	2	11	38
31	437	JANET HILL	N/A	Ladies	2	12	14
32	497	SUSAN AVES	WITHAM RC	Ladies35-44	2	12	18
33	483	LYNN NICHOLLS	WARE JOGGERS	Ladies35-44	2	12	51
34	518	SUSIE BRIGHTON	MORNINGTON CHASERS	Ladies35-44	2	14	11
35	548	CLAIRE STEWARD	DULWICH RUNNERS	Ladies45-54	2	14	21
36	533	SUE THAKE	BILLERICAY STRIDERS	Ladies45-54	2	14	24
37	484	LINDA DUFFELL	DARTFORD ROAD RUNNERS	Ladies35-44	2	14	54
38	431	CHERIE HIPKINS	GREAT YARMOUTH RR	Ladies	2	15	41
39	502	ELAINE BANVILLE	BILLERICAY STRIDERS	Ladies35-44	2	15	54
40	76	CHRIS HALL	N/A	Male	2	16	37
41	516	DEBBIE GRAHAM	N/A	Ladies35-44	2	16	57
42	494	BETTINA MACCARIELLO	THURROCK HARRIERS	Ladies35-44	2	17	11
43	549	JULIE ROBINSON	ORION HARRIERS	Ladies45-54	2	17	14
44	433	JODIE TIMBRELL	THRIFT GREEN TROTTERS	Ladies	2	17	34
45	544	FRANCES COOKE	MARCH ATHLETIC CLUB	Ladies45-54	2	18	05
46	517	KELLIE NESDALE	N/A	Ladies35-44	2	18	24
47	546	TINA KNOWLDEN	THURROCK NOMADS	Ladies45-54	2	18	40
48	582	KIM LYM	BEXLEY AC	Ladies45-54	2	19	00
49	402	MEL PARKER	FITNESS FIRST FLYERS	Ladies	2	19	57
50	537	FIONA SUTHERLAND	BISHOPS STORTFORD	Ladies45-54	2	20	08
51	436	CLAIRE STRONG	BEXLEY AC	Ladies	2	20	49
52	523	PATRICIA ONEILL	EAST LONDON RUNNERS	Ladies35-44	2	21	04
53	440	JENNY FARMER	DARTFORD HARRIERS	Ladies	2	21	23
54	522	ELENA HOLMES	N/A	Ladies35-44	2	21	32
55	794	AUDREY DYETT	DARTFORD ROAD RUNNERS	Ladies55+	2	21	53
56	488	ELEANOR COWAN	BISHOPS STORTFORD	Ladies35-44	2	21	55
57	485	ASHLEY DONOGHUE	BARKING ROAD RUNNERS	Ladies35-44	2	22	09
58	586	MARY OBRIEN	EAST LONDON RUNNERS	Ladies45-54	2	22	18
59	430	CERI ARMSTRONG	THURROCK NOMADS	Ladies	2	23	27
60	540	LINDA CLAMPETT	THURROCK HARRIERS	Ladies45-54	2	23	28
61	428	DIANE EASTLAND	FITNESS FIRST FLYERS	Ladies	2	23	37
62	406	RUTH MALLIA	BECKENHAM RC	Ladies	2	23	59
63	531	JACQUELINE MILLS	PITSEA	Ladies45-54	2	25	37
64	541	PAULINE THOMPSON	HAVERING 90	Ladies45-54	2	26	02
65	799	BARBARA LAW	GREAT BENTLEY RC	Ladies55+	2	26	17
66	503	AMANDA HESLEGRAVE	DAGENHAM88	Ladies35-44	2	26	20
67	515	DIANA BUCKLEY	TUNBRIDGE WELLS HARRIERS	Ladies35-44	2	26	47
68	421	VICKY STONE	N/A	Ladies	2	27	46
69	797	SHEILA MACAULAY	SPRINGFIELD STRIDERS	Ladies55+	2	28	04
70	424	SARAH BRUCE	DULWICH RUNNERS	Ladies	2	28	11

71	426	CLARE	FRYER	HAVERING 90	Ladies	2	-	28	-	12
72	536	WENDY	KNEE	SITTINGBOURNE STRIDERS	Ladies45-54	2	-	28	-	43
73	521	ANNE	HARRIS	HAVERING 90	Ladies35-44	2	-	28	-	51
74	538	CATHERINE	SLADE	THRIFT GREEN TROTTERS	Ladies45-54	2	-	30	-	02
75	519	FIONA	CLARK	COLCHESTER HARRIERS	Ladies35-44	2	-	30	-	25
76	412	KATHY	MCCROW	BILLERICAY STRIDERS	Ladies	2	-	31	-	22
77	423	LOUISE	HAMMOND	BILLERICAY STRIDERS	Ladies	2	-	31	-	22
78	795	SUSAN	WARD	BENFLEET	Ladies55+	2	-	31	-	44
79	482	PAM	KAVANAGH	THURROCK HARRIERS	Ladies35-44	2	-	31	-	58
80	496	LORRAINE	NIXON	BISHOPS STORTFORD	Ladies35-44	2	-	33	-	30
81	504	LORNA	PETTIFER	PITSEA	Ladies35-44	2	-	34	-	00
82	486	ANNE	BALLINGER	ROAD RUNNERS CLUB	Ladies35-44	2	-	34	-	45
83	487	TRACEY	FLETCHER	ROAD RUNNERS CLUB	Ladies35-44	2	-	34	-	48
84	408	LAURIE	SOANE	PITSEA	Ladies	2	-	36	-	12
85	584	TERESA	MITCHELL	N/A	Ladies45-54	2	-	39	-	44
86	583	SHEILA	GILLIE	CLUB UNKNOWN	Ladies45-54	2	-	40	-	17
87	534	JANE	WILLIAMS	FARROW TRI-CLUB	Ladies45-54	2	-	41	-	19
88	527	LESLEY	MORGAN	CASTLE POINT JOGGERS	Ladies45-54	2	-	43	-	03
89	547	ELAINE	ODDIE	ROAD RUNNERS CLUB	Ladies45-54	2	-	44	-	01
90	505	ALISON	MARIS	LEIGH ON SEA STRIDERS	Ladies35-44	2	-	45	-	16
91	550	JANET	FINCH	BARKING ROAD RUNNERS	Ladies45-54	2	-	45	-	50
92	506	LESLEY	MONOD	N/A	Ladies35-44	2	-	46	-	36
93	499	DAWN	POTTER	SPRINGFIELD STRIDERS	Ladies35-44	2	-	47	-	41
94	800	PHYLL	CAMPBELL	N/A	Ladies55+	2	-	47	-	56
95	403	HAZEL	ADAMS	N/A	Ladies	2	-	49	-	27
96	411	FAYE	RICHARDS	N/A	Ladies	2	-	49	-	28
97	581	DAPHNE	PUGH	CASTLE POINT JOGGERS	Ladies55+	2	-	50	-	03
98	509	LIZ	STONES	N/A	Ladies35-44	2	-	51	-	53
99	695	JULIE	WING	MAIDSTONE HARRIERS	Ladies55+	2	-	54	-	09
100	512	IRENE	HEATHCOTE	BISHOPS STORTFORD	Ladies35-44	2	-	54	-	20
101	443	KATE	MAGRATH	N/A	Ladies	2	-	56	-	30
102	510	CLAIRE	BOATWRIGHT	BISHOPS STORTFORD	Ladies35-44	2	-	57	-	08
103	513	MARIA	JOANNOU	BISHOPS STORTFORD	Ladies35-44	2	-	59	-	04
104	514	PAULINE	STROUD	BISHOPS STORTFORD	Ladies35-44	3	-	00	-	51
105	409	HAYLEY	OLIVER	N/A	Ladies	3	-	05	-	52
106	511	PATI	HUMBLES	N/A	Ladies35-44	3	-	08	-	39
107	796	ELAINE	MITCHELL	CASTLE POINT JOGGERS	Ladies55+	3	-	09	-	01
108	481	APRIL	TOTTERDELL	DOVER ROAD RUNNERS	Ladies35-44	3	-	14	-	41
109	418	OLIVE	LYCETT	LOUGHTON	Ladies	3	-	18	-	14