

## BENFLEET 15 - 2011

## All Competitors

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
1	1:28:20	BLOOMFIELD, Crispian	Billericay Striders	Mens	1	1
2	1:31:55	REEVES, Andrew	Serpentine Running Club	Mens40+	2	1
3	1:32:21	DAVIES, Gavin	Ipswich Jaffa	Mens	3	2
4	1:32:45	MANCER, Jez	Benfleet Rc	Mens40+	4	2
5	1:34:17	BOOTY, Graham	Benfleet Rc	Mens	5	3
6	1:34:40	SINGH, Rajdave	Herne Hill Harriers	Mens	6	4
7	1:35:27	CUMMINGS, Mike	Herne Hill Harriers	Mens	7	5
8	1:35:33	PETTTIT, Stephen	Ely Runners	Mens40+	8	3
9	1:35:47	BETHELL, Jared	Harlow RC	Mens	9	6
10	1:35:58	KEARTON, Andrew	Colchester Harriers	Mens	10	7
11	1:36:51	SQUIRE, Anthony	Billericay Striders	Mens	11	8
12	1:37:24	JONES, Marc	Tri-Sport Epping	Mens	12	9
13	1:37:32	GROVER, Rob	Unattached	Mens	13	10
14	1:37:42	ANDERSON, Paul	Springfield Striders	Mens	14	11
15	1:37:43	JAMES-KNIGHT, Iain	Ilford AC	Mens	15	12
16	1:37:51	READ, Mark	Thrift Green Trotters	Mens	16	13
17	1:38:08	KEYS, Trevor	Unattached	Mens	17	14
18	1:38:09	TURNER, Glen	Blackheath & Bromley Harriers AC	Mens	18	15
19	1:38:23	ATTWOOLL, Jolyon	Serpentine Running Club	Mens	19	16
20	1:38:53	SMITH, James	Springfield Striders	Mens	20	17
21	1:39:13	BOTTRILL, Darren	Ilford AC	Mens	21	18
22	1:39:39	BOOTY, Jonathan	Witham RC	Mens	22	19
23	1:40:36	WANDASIEWICZ, Nelson	Thrift Green Trotters	Mens	23	20
24	1:40:37	COHEN, Steffan	Benfleet Rc	Mens	24	21
25	1:41:09	BUTLER, Alan	Thrift Green Trotters	Mens50+	25	1
26	1:41:25	MEAD, Tony	Benfleet Rc	Mens40+	26	4
27	1:41:33	GOSLING, Ian	Reading Road Runners	Mens	27	22
28	1:41:38	DIXON, Clem	Cambridge Harriers	Mens40+	28	5
29	1:42:36	PHILCOX, Stephen	Barking Road Runners	Mens40+	29	6
30	1:42:48	SEAMARK, Jamie	North Norfolk Beach Runners	Mens	30	23
31	1:42:53	WOTTON, Kevin	Barking Road Runners	Mens40+	31	7
32	1:42:58	NEWELL, Kevin	Ilford AC	Mens	32	24
33	1:43:05	HASKEY-JONES, James	Tiptree Road Runners	Mens40+	33	8
34	1:43:28	COLLINS, Andy	South London Harriers	Mens40+	34	9
35	1:43:45	CAIRNS, Nigel	North Yorks Moors AC	Mens40+	35	10
36	1:43:53	BROWN, Bradley	Barking Road Runners	Mens	36	25
37	1:44:03	ALLEN, Gavin	Braintree AC	Mens	37	26
38	1:44:16	OATHAM, Phil	Thurrock Harriers	Mens50+	38	2
39	1:44:18	SHIEL, Paul	Herne Hill Harriers	Mens	39	27
40	1:44:32	MASSON, Robert	Benfleet Rc	Mens	40	28
41	1:44:36	ELLIS, Stewart	Braintree AC	Mens	41	29
42	1:44:40	RUSSELL, John	Thurrock Harriers	Mens	42	30
43	1:44:41	GEORGE, Ian	East Essex Tri-Club	Mens40+	43	11
44	1:44:47	EARLE, Steve	Unattached	Mens40+	44	12
45	1:44:49	ROBINSON, Reece	Benfleet RC	Mens	45	31
46	1:44:51	ONEILL, Ian	Thrift Green Trotters	Mens40+	46	13
47	1:45:30	BEDI, Manjit	East London Runners	Mens40+	47	14
48	1:45:31	PICKETT, Matthew	East Essex Tri-Club	Mens	48	32
49	1:45:48	RAWLINGS, Simon	East Essex Tri-Club	Mens40+	49	15
50	1:46:10	JOHNSON, Dean	Leigh Striders	Mens	50	33
51	1:46:26	ALLEN, June	Springfield Striders	Ladies35+	51	1
52	1:47:19	HIGGINS, Neil	Unattached	Mens	52	34
53	1:47:25	BAXTER, Andrew	East London Runners	Mens40+	53	16
54	1:47:27	COOK, Rob	Unattached	Mens	54	35
55	1:47:32	LEEMAN, Chris	Benfleet RC	Mens40+	55	17
56	1:47:35	FANNING, Jane	Serpentine Running Club	Ladies35+	56	2
57	1:47:41	CLARKE, Andy	Thrift Green Trotters	Mens40+	57	18
58	1:47:42	SHAFIER, Lawrence	Orion Harriers	Mens40+	58	19
59	1:47:44	PEARCE, Chris	Springfield Striders	Mens40+	59	20
60	1:47:50	RICHARDS, Suzie	Herne Hill Harriers	Ladies	60	1
61	1:48:03	SWINBURNE, Nigel	Dagenham 88	Mens	61	36
62	1:48:13	MILLS, Rob	Springfield Striders	Mens	62	37
63	1:48:23	HYDE, Tony	Pitsea RC	Mens40+	63	21
64	1:48:28	CARRUTHERS, Andrew	Halesowen AC	Mens50+	64	3

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Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
65	1:48:31	SAHGHERA, Jus	Unattached	Mens	65	38
66	1:48:47	JOSLIN, Gary	Springfield Striders	Mens40+	66	22
67	1:48:54	HOWELLS, Gareth	Springfield Striders	Mens	67	39
68	1:48:56	SOLOMON, Dave	Felixstowe Road Runners	Mens40+	68	23
69	1:49:03	CIENTANNI, Marlo	Gravesend Road Runners	Mens50+	69	4
70	1:49:05	BOWDEN, Simon	Billericay Striders	Mens	70	40
71	1:49:15	MACARA, Iain	Unattached	Mens	71	41
72	1:49:37	LANGLEY, Bob	Halstead Road Runners	Mens50+	72	5
73	1:49:42	HORRITT, Ian	East London Runners	Mens	73	42
74	1:49:43	DOYLE, Simon	Herts Phoenix	Mens40+	74	24
75	1:49:51	WATSON, Peter	Benfleet Rc	Mens	75	43
76	1:50:07	MASKELL, Simon	Unattached	Mens	76	44
77	1:50:20	JAGGER, Mark	Metropolitan Police	Mens	77	45
78	1:50:27	WOODYARD, Tracey	Springfield Striders	Ladies35+	78	3
79	1:50:40	WHITE, Steve	Saffron Striders	Mens40+	79	25
80	1:50:46	MANCER, Lucy	Benfleet Rc	Ladies35+	80	4
81	1:50:55	THOMAS, Richard	Thrift Green Trotters	Mens	81	46
82	1:50:57	MARSHALL, Kevin	Unattached	Mens40+	82	26
83	1:50:59	BYFORD, Jon	Springfield Striders	Mens	83	47
84	1:51:02	BARNES, Colin	Leigh Striders	Mens40+	84	27
85	1:51:15	JACKAMAN, Paul	Castle Point Joggers	Mens	85	48
86	1:51:21	OVEL, Dean	Leigh Striders	Mens	86	49
87	1:51:22	MORRIS, Nick	Billericay Striders	Mens	87	50
88	1:51:30	CARDY, Ian	Springfield Striders	Mens40+	88	28
89	1:51:42	HALLS, Fiona	Saffron Striders	Ladies35+	89	5
90	1:52:04	WOODWARD, Mike	Pitsea RC	Mens	90	51
91	1:52:12	BONHAM, Richard	Castle Point Joggers	Mens40+	91	29
92	1:52:15	FRANKENBERG, Elisabeth	Leigh Striders	Ladies	92	2
93	1:52:21	GEARING, Daniel	Havering90 Joggers	Mens	93	52
94	1:52:23	JAMIESON, Alex	Tiptree Road Runners	Mens	94	53
95	1:52:32	HICKEY, Steven	Benfleet Rc	Mens	95	54
96	1:52:35	BOND, Simon	Unattached	Mens40+	96	30
97	1:52:41	AIRLIE, Brian	Hadleigh Hares	Mens40+	97	31
98	1:52:49	BIRCH, John	Billericay Striders	Mens50+	98	6
99	1:52:55	HOGAN, Graham	Havering Maysbrook	Mens	99	55
100	1:53:01	ETCHES, Adam	Ely Runners	Mens	100	56
101	1:53:14	CLARK, Alan	Benfleet Rc	Mens40+	101	32
102	1:53:22	MILES, Lloyd	Unattached	Mens40+	102	33
103	1:53:24	FANCETT, Ken	Beckenham RC	Mens60+	103	1
104	1:53:26	GUIVER, William	Unattached	Mens40+	104	34
105	1:53:44	SYRETT, Jason	Thurrock Harriers	Mens40+	105	35
106	1:53:55	HOOKE, Craig	Grange Farm and Dunmow Runners	Mens40+	106	36
107	1:53:58	EDWARDS, Mark	Unattached	Mens	107	57
108	1:54:11	WARD, Paul	Barking Road Runners	Mens	108	58
109	1:54:12	BROCKBANK, Nikki	Springfield Striders	Ladies	109	3
110	1:54:28	ALLEN, Terry	Thrift Green Trotters	Mens	110	59
111	1:54:29	PURSE, Chris	Springfield Striders	Mens50+	111	7
112	1:54:52	DAY, Andrew	Paddock Wood AC	Mens	112	60
113	1:54:59	MCBAIN, Craig	Leigh Striders	Mens	113	61
114	1:55:07	MORGAN, Simon	Tiptree Road Runners	Mens40+	114	37
115	1:55:09	SCRIMSHAW, David	Beckenham RC	Mens	115	62
116	1:55:11	BAKER, Andrew	Unattached	Mens40+	116	38
117	1:55:28	MOORE, David	Maidstone Harriers	Mens40+	117	39
118	1:55:44	MASSON, Kim	Cambridge & Coleridge	Ladies45+	118	1
119	1:56:07	WATSON, Ally	Serpentine Running Club	Mens	119	63
120	1:56:09	BEAMISH, Neil	East Essex Tri-Club	Mens40+	120	40
121	1:56:11	BUNCH, Trevor	Haverhill RC	Mens	121	64
122	1:56:16	CATLIN, Marcus	Ipswich Jaffa	Mens	122	65
123	1:56:17	KNIGHTLEY, Terry	Ilford AC	Mens50+	123	8
124	1:56:28	WIND, Kevan	Pitsea RC	Mens50+	124	9
125	1:56:31	MACARA, Susie	Serpentine Running Club	Ladies	125	4
126	1:56:32	WRIGHT, James	Springfield Striders	Mens	126	66
127	1:56:38	SHEWBRIDGE, Laura	Tiptree Road Runners	Ladies	127	5
128	1:56:47	TAYLOR, Richard	Serpentine Running Club	Mens	128	67

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Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
129	1:56:58	COUSINS, Lee	Braintree AC	Mens	129	68
130	1:57:37	WHITING, Samantha	Herne Hill Harriers	Ladies	130	6
131	1:57:39	BROWNE, Justin	Thrift Green Trotters	Mens40+	131	41
132	1:57:46	COXALL, Ian	Ipswich Jaffa	Mens	132	69
133	1:57:48	CRANGLE, Robert	Serpentine Running Club	Mens40+	133	42
134	1:57:52	STOCKS, Adrian	Blackheath & Bromley Harriers AC	Mens	134	70
135	1:57:54	SWAINE, Suzanne	Herne Hill Harriers	Ladies	135	7
136	1:57:57	BURROUGHES, Billie	Unattached	Mens	136	71
137	1:58:00	THOMPSON, David	Billericay Striders	Mens40+	137	43
138	1:58:02	LATTER, Darren	Unattached	Mens40+	138	44
139	1:58:15	CHAMBERS, Lindley	Bishops Stortford RC	Mens	139	72
140	1:58:21	HARKNETT, Steve	Claremont RR	Mens	140	73
141	1:58:26	LAMBERT, Alan	Unattached	Mens	141	74
142	1:58:28	BELL, Dave	Unattached	Mens	142	75
143	1:58:42	WRIGHT, Derek	East London Runners	Mens40+	143	45
144	1:58:43	HEWITT, Kevan	Unattached	Mens40+	144	46
145	1:58:56	ALLEN, Steve	Iford AC	Mens50+	145	10
146	1:59:00	HOLDER, Julian	Pitsea RC	Mens40+	146	47
147	1:59:01	WILSON, Michael	East London Runners	Mens50+	147	11
148	1:59:13	TURNER, Michael	Orpington Road Runners	Mens40+	148	48
149	1:59:18	MELLUISH, Stephen	Benfleet Rc	Mens	149	76
150	1:59:19	BURNS, James	Leigh Striders	Mens40+	150	49
151	1:59:23	BROWN, Darren	Unattached	Mens	151	77
152	1:59:24	THOMAS, Darren	Dunmow Runners	Mens40+	152	50
153	1:59:25	ALEXANDROU, Tracey	Springfield Striders	Ladies45+	153	2
154	1:59:27	HAIGH, Rob	Leigh Striders	Mens	154	78
155	1:59:34	HUNT, Steve	Hadleigh Hares	Mens50+	155	12
156	1:59:38	ABBOTT, Julian	Unattached	Mens40+	156	51
157	1:59:43	GREALLY, Mike	Halstead Road Runners	Mens50+	157	13
158	1:59:47	TYSON, David	Loughton AC	Mens	158	79
159	1:59:59	BEAZELEY, Chris	Springfield Striders	Mens40+	159	52
160	2:00:22	HULL, Darran	Springfield Striders	Mens	160	80
161	2:00:25	WELLER, Daniel	Unattached	Mens	161	81
162	2:00:28	HARRIS, Daniel	Unattached	Mens	162	82
163	2:00:51	BUTLER, Glen	East Essex Tri-Club	Mens40+	163	53
164	2:00:52	DELLAR, Paul	Tiptree Road Runners	Mens40+	164	54
165	2:00:54	CRAWFORD, Emma	Barnes Runners	Ladies	165	8
166	2:01:02	DODDS, Vanessa	Benfleet Rc	Ladies35+	166	6
167	2:01:20	MILNE, Chris	East Essex Tri-Club	Mens50+	167	14
168	2:01:41	CLAYDON, Paul	City of London Police	Mens40+	168	55
169	2:01:52	MATTHEWS, Adam	Benfleet Rc	Mens	169	83
170	2:02:09	MILLER, David	Castle Point Joggers	Mens40+	170	56
171	2:02:09	MENESES, Jose	Unattached	Mens40+	171	57
172	2:02:43	SPAIN, Dave	Benfleet Rc	Mens40+	172	58
173	2:02:44	JACKSON, Debbie	Herne Hill Harriers	Ladies35+	173	7
174	2:02:49	MANN, Stuart	Herts Phoenix	Mens60+	174	2
175	2:03:05	HUNT, Karl	Unattached	Mens	175	84
176	2:03:10	DAY, Claire	Paddock Wood AC	Ladies	176	9
177	2:03:23	MOON, Anthony	Mid Essex Casuals	Mens	177	85
178	2:03:31	PAYNE, Timothy	Hinkley AC	Mens40+	178	59
179	2:03:35	OTTER, James	Plumstead Runners	Mens40+	179	60
180	2:03:40	DUNN, Chris	Unattached	Mens	180	86
181	2:03:54	PARKER, Stephen	Iford AC	Mens50+	181	15
182	2:03:55	HALL, Alex	Cambridge Harriers	Mens50+	182	16
183	2:04:03	LENERGAN, Steve	Wootton Road Runners	Mens40+	183	61
184	2:04:31	WILLIAMS, Terrie	Road Runners Club	Ladies35+	184	8
185	2:04:35	COOK, Siobhan	Springfield Striders	Ladies	185	10
186	2:04:39	PALMER, Martin	East Essex Tri-Club	Mens	186	87
187	2:04:46	BYFORD, Martyn	Witham RC	Mens50+	187	17
188	2:04:50	JACKSON, Keith	Pitsea RC	Mens60+	188	3
189	2:04:55	WHITNEY, Thomas	East London Runners	Mens	189	88
190	2:05:07	PURTELL, Paula	Mid Essex Casuals	Ladies35+	190	9
191	2:05:09	DAVIS, Michael	Unattached	Mens	191	89
192	2:05:12	CLARKE, Phillip	Tiptree Road Runners	Mens40+	192	62

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Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
193	2:05:26	GROUT, Mike	Benfleet Rc	Mens40+	193	63
194	2:05:40	WOSAHLO, Ricky	Unattached	Mens	194	90
195	2:05:46	BELAON, Sarah	Blackheath & Bromley Harriers AC	Ladies	195	11
196	2:06:09	PATEL, Nehal	Benfleet Rc	Mens	196	91
197	2:06:11	PATEL, Deepesh	Wootton Road Runners	Mens	197	92
198	2:06:15	SMITH, Helen	Unattached	Ladies35+	198	10
199	2:06:23	BROWN, Peter	Unattached	Mens	199	93
200	2:06:29	STAPLETON, Danny	Unattached	Mens40+	200	64
201	2:06:31	HAMMOND, Sarah	Springfield Striders	Ladies35+	201	11
202	2:06:38	MCMASTERS, David	Unattached	Mens40+	202	65
203	2:06:41	HEDGES, Simon	Unattached	Mens	203	94
204	2:07:03	GAITELY, Mark	Benfleet Rc	Mens40+	204	66
205	2:07:05	GOULD, John	Castle Point Joggers	Mens40+	205	67
206	2:07:12	VIALLS, Ronald	Barking Road Runners	Mens50+	206	18
207	2:07:16	RIVE, Thomas	Unattached	Mens	207	95
208	2:07:30	ASHTON, Lauren	Springfield Striders	Ladies	208	12
209	2:07:33	WALKER, Keith	Billericay Striders	Mens60+	209	4
210	2:07:34	GUMMERY, Ian	Leigh Striders	Mens50+	210	19
211	2:07:36	MARSH, Patrick	Colchester Harriers	Mens40+	211	68
212	2:07:39	HUERTAS, James	Unattached	Mens	212	96
213	2:07:54	GILLARD, Mathew	Southend AC	Mens40+	213	69
214	2:08:11	CHAPPELL, Ian	Pitsea RC	Mens40+	214	70
215	2:08:11	CHAPMAN, Adam	Benfleet Rc	Mens	215	97
216	2:08:19	WILSON, Keith	Unattached	Mens40+	216	71
217	2:08:20	BROOKS, Raymond	East Essex Tri-Club	Mens	217	98
218	2:08:24	BOLTON, Jeff	Unattached	Mens	218	99
219	2:08:30	COATES, Neil	Fetch Everyone RC	Mens40+	219	72
220	2:08:35	PEGGS, Ian	Stragglers	Mens40+	220	73
221	2:08:38	TAYLOR, Stuart	Unattached	Mens	221	100
222	2:08:42	DENNIS, Tony	Castle Point Joggers	Mens	222	101
223	2:08:47	DOWELL, Melissa	Colchester Harriers	Ladies45+	223	3
224	2:08:48	BUSSY, Phillip	Unattached	Mens	224	102
225	2:08:50	MATTIS, Darren	Unattached	Mens40+	225	74
226	2:08:54	WARWICK, Stuart	Grange Farm and Dunmow Runners	Mens40+	226	75
227	2:08:56	CONWAY, Grant	East London Runners	Mens40+	227	76
228	2:09:08	HARRIS, Nick	Serpentine Running Club	Mens	228	103
229	2:09:11	ANDREW, Lesley	Garden City Runners	Ladies45+	229	4
230	2:09:13	GORDON, Adam	Pitsea RC	Mens	230	104
231	2:09:23	LYSELLE, Skye	Thrift Green Trotters	Ladies35+	231	12
232	2:09:39	MOON, Graeme	Tiptree Road Runners	Mens50+	232	20
233	2:09:41	NEWMAN, Graeme	Benfleet Rc	Mens50+	233	21
234	2:09:46	SLATER, James	Tiptree Road Runners	Mens60+	234	5
235	2:09:47	MATTSOON, Tony	Unattached	Mens	235	105
236	2:09:49	DAVIDSON, Kiera	Serpentine Running Club	Ladies	236	13
237	2:09:55	FULLJAMES, Kristian	Witham RC	Mens	237	106
238	2:10:00	VEAZEY, Luke	Unattached	Mens	238	107
239	2:10:00	STOBIRSKI, Ian	Witham RC	Mens	239	108
240	2:10:08	SHARE, Richard	Unattached	Mens	240	109
241	2:10:15	FAIRFULL, Jamie	Tiptree Road Runners	Mens	241	110
242	2:10:26	GWYN-WILLIAMS, Sebastian	Witham RC	Mens40+	242	77
243	2:10:32	HARRINGTON, Tracy	Tiptree Road Runners	Ladies45+	243	5
244	2:10:35	LAFFAN, Matt	Thurrock Nomads	Mens	244	111
245	2:10:49	BANVILLE, Elaine	Billericay Striders	Ladies35+	245	13
246	2:11:00	PAYNE, Stuart	Southend AC	Mens40+	246	78
247	2:11:06	BUCHANAN, Jonathan	Benfleet RC	Mens50+	247	22
248	2:11:33	NORDIN, Breege	Iford AC	Ladies45+	248	6
249	2:11:35	STEWART, Claire	Dulwich Runners	Ladies55+	249	1
250	2:11:39	SHELDON, Vicky	Tiptree Road Runners	Ladies	250	14
251	2:11:42	GOULD, Martin	Elmbridge	Mens	251	112
252	2:11:43	MCKENNY, Kevin	Unattached	Mens40+	252	79
253	2:11:55	MITCHELL, Paul	Thurrock Nomads	Mens	253	113
254	2:12:13	GRIBBON, Paul	East Essex Tri-Club	Mens	254	114
255	2:12:15	BUTCHER, Brian	Mid Essex Casuals	Mens60+	255	6
256	2:12:19	SMITH, James	Unattached	Mens	256	115

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257	2:12:19	FARREN, Patrick	East London Runners	Mens40+	257	80
258	2:12:22	BAILEY, Malcolm	Tiptree Road Runners	Mens50+	258	23
259	2:12:35	TRACEY, John	Pitsea RC	Mens40+	259	81
260	2:12:40	ROBERTSON, Mark	Unattached	Mens40+	260	82
261	2:12:41	EDGINGS, Sam	Unattached	Mens	261	116
262	2:12:41	FLETCHER, Paul	Beckenham RC	Mens	262	117
263	2:12:42	PARKER, William	Unattached	Mens40+	263	83
264	2:12:42	MOORE, Stephen	Unattached	Mens40+	264	84
265	2:12:54	BAYNES, Charlie	East Essex Tri-Club	Mens50+	265	24
266	2:12:59	SHEAN, Zena	East Essex Tri-Club	Ladies45+	266	7
267	2:13:00	STUART, Dan	Unattached	Mens	267	118
268	2:13:00	RAPLEY, Myles	East Essex Tri-Club	Mens40+	268	85
269	2:13:12	MOORE, Phillip	Deptford Green Runners	Mens40+	269	86
270	2:13:18	MARTIN, Anthony	Deptford Green Runners	Mens	270	119
271	2:13:20	SHADE, Gary	Thurrock Nomads	Mens40+	271	87
272	2:13:37	WHEATLEY, Mike	Billericay Striders	Mens50+	272	25
273	2:13:50	BROWN, Janice	East Essex Tri-Club	Ladies45+	273	8
274	2:13:59	BROWN, Ben	Unattached	Mens	274	120
275	2:14:09	EYRES, Jacalyn	East Essex Tri-Club	Ladies35+	275	14
276	2:14:24	LOWRY, Paul	Castle Point Joggers	Mens	276	121
277	2:14:35	FIXTER, Penelope	Herne Hill Harriers	Ladies	277	15
278	2:14:49	ANDREWS, Russ	East Essex Tri-Club	Mens40+	278	88
279	2:14:49	SCOTT, Stephen	Unattached	Mens40+	279	89
280	2:14:51	MOXOM, Guy	Unattached	Mens40+	280	90
281	2:15:02	HARRISON, Laurence	Billericay Striders	Mens40+	281	91
282	2:15:08	CAMPBELL, David	East London Tri	Mens40+	282	92
283	2:15:21	JOLLY, Stave	Unattached	Mens40+	283	93
284	2:15:21	FROST, Kevin	Colchester & Tendring	Mens40+	284	94
285	2:15:28	FISHER, Colin	Unattached	Mens40+	285	95
286	2:15:33	PHILLIPS, Richard	Unattached	Mens40+	286	96
287	2:15:58	MILLER, Daniel	Dagenham 88	Mens	287	122
288	2:16:05	WRAY, Shelley	Witham RC	Ladies35+	288	15
289	2:16:08	KNIGHT, Dave	East London Runners	Mens50+	289	26
290	2:16:14	DALY, William	Barking Road Runners	Mens	290	123
291	2:16:22	HERBERT, Neil	Unattached	Mens	291	124
292	2:16:22	BROWNLIE, Francis	East London Runners	Mens50+	292	27
293	2:16:32	SAAJ, Ali	Unattached	Mens	293	125
294	2:16:36	GARRETT, Richard	Tiptree Road Runners	Mens	294	126
295	2:16:58	JARVIS, Rachel	Harwich RC	Ladies45+	295	9
296	2:17:01	SIMPSON, Barry	Unattached	Mens50+	296	28
297	2:17:06	BROCKWELL, Trevor	Unattached	Mens40+	297	97
298	2:17:17	GILLES, Robert	Unattached	Mens40+	298	98
299	2:17:18	COLLARD, Robert	Springfield Striders	Mens	299	127
300	2:17:19	DUDLEY, Denise	Castle Point Joggers	Ladies35+	300	16
301	2:17:26	HUNTER, Bruce	Unattached	Mens	301	128
302	2:17:28	SPURGEON, Paul	Fetch Everyone RC	Mens40+	302	99
303	2:17:37	HAMPSHIRE, Stephen	Farrow Tri-Club	Mens50+	303	29
304	2:17:43	FIRAT, Yusuf	Haverhill RC	Mens40+	304	100
305	2:17:47	HOLMES, Scott	Unattached	Mens	305	129
306	2:17:52	LEE, Richard	Billericay Striders	Mens40+	306	101
307	2:17:53	PERRIN, Louise	Barking Road Runners	Ladies35+	307	17
308	2:17:56	GOLDSMITH, Simon	Unattached	Mens	308	130
309	2:17:59	SCOTT, David	Thrift Green Trotters	Mens40+	309	102
310	2:18:02	KING, Dave	Orpington Road Runners	Mens50+	310	30
311	2:18:03	MOULSDALE, Kris	Barking Road Runners	Mens	311	131
312	2:18:04	AMBROSE, Mark	Barking Road Runners	Mens40+	312	103
313	2:18:09	CLARK, Robin	Unattached	Mens	313	132
314	2:18:09	EASTBURY, Justine	Blackheath & Bromley Harriers AC	Ladies35+	314	18
315	2:18:31	COLLINSON, Sean	East Essex Tri-Club	Mens40+	315	104
316	2:18:39	WESTON, Kirsty	East London Runners	Ladies35+	316	19
317	2:18:40	HAYES, Patrick	Unattached	Mens	317	133
318	2:18:46	HOAD, Ian	Maidstone Harriers	Mens40+	318	105
319	2:18:51	JOHNSON, Patric	Unattached	Mens50+	319	31
320	2:19:02	FITSALL, Jo	Castle Point Joggers	Ladies45+	320	10

## BENFLEET 15 - 2011

## All Competitors

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
321	2:19:04	INGLIS, Gary	Unattached	Mens40+	321	106
322	2:19:15	MARSH, Kerry Anne	Springfield Striders	Ladies	322	16
323	2:19:28	WOOD, Nigel	Collingwood	Mens50+	323	32
324	2:19:28	MAPLESDEN, Anthony	Unattached	Mens	324	134
325	2:19:47	RIEFFEL, Lisa	Castle Point Joggers	Ladies35+	325	20
326	2:19:47	WILES, David	Thrift Green Trotters	Mens	326	135
327	2:20:10	FOLLETT, Paul	Unattached	Mens	327	136
328	2:20:14	ELEY, Jill	Unattached	Ladies45+	328	11
329	2:20:15	MANN, James	Harwich RC	Mens	329	137
330	2:20:18	O'NEILL, Patricia	East London Runners	Ladies35+	330	21
331	2:20:22	NEWSON, David	Unattached	Mens40+	331	107
332	2:20:22	BEBER, Steven	Unattached	Mens	332	138
333	2:20:23	BUSBY, Steve	Unattached	Mens40+	333	108
334	2:20:26	DICKMAN, James	Springfield Striders	Mens40+	334	109
335	2:20:29	KNIGHTS, Diane	Witham RC	Ladies45+	335	12
336	2:20:41	WARWICK, Gary	Pitsea RC	Mens60+	336	7
337	2:20:44	HAWKINS, Fiona	Southend AC	Ladies35+	337	22
338	2:20:48	SINGLETON, Simon	Unattached	Mens40+	338	110
339	2:20:57	HOW, Alison	Mornington Chasers	Ladies35+	339	23
340	2:21:13	BURKETT, Luke	Leigh Striders	Mens	340	139
341	2:21:14	BRAZIER, Ian	Springfield Striders	Mens	341	140
342	2:21:34	MORGANS, Nigel	Thurrock Nomads	Mens50+	342	33
343	2:21:51	GARDNER, Andrew	Unattached	Mens	343	141
344	2:22:01	DRISCOLL, Edward	Braintree AC	Mens40+	344	111
345	2:22:03	ROSBROOK, Mike	Hadleigh Hares	Mens60+	345	8
346	2:22:16	COLLARD, Steve	Unattached	Mens50+	346	34
347	2:22:18	MARCHANT, Judy	Eton Manor	Ladies45+	347	13
348	2:22:28	MEGGITT, Anna	East Essex Tri-Club	Ladies	348	17
349	2:22:36	SPELLMAN, Chris	Unattached	Mens	349	142
350	2:22:36	WEBB, Simon	Unattached	Mens	350	143
351	2:22:37	WILLIAMS, Lloyd	Unattached	Mens	351	144
352	2:22:38	MEEHAN, Michael	Plumstead Runners	Mens	352	145
353	2:22:42	DAVIS, Jim	Herts Phoenix	Mens60+	353	9
354	2:22:47	FISHER, Steve	East Essex Tri-Club	Mens40+	354	112
355	2:22:49	TIMBRELL, Jodie	Thrift Green Trotters	Ladies	355	18
356	2:22:50	TEER, Robert	Thurrock Nomads	Mens60+	356	10
357	2:22:58	KNIGHT, Anthony	Tiptree Road Runners	Mens40+	357	113
358	2:22:59	RUTHERFORD, Pam	Serpentine Running Club	Ladies35+	358	24
359	2:23:04	BRADFORD, Tim	Unattached	Mens40+	359	114
360	2:23:18	HORNETT, Angie	Tri-Sport Epping	Ladies45+	360	14
361	2:23:25	OSBOURNE, Darrell	Unattached	Mens	361	146
362	2:23:29	WISE, Lisa	Unattached	Ladies35+	362	25
363	2:23:29	BRITTON, Eric	Leigh Striders	Mens50+	363	35
364	2:23:47	DALLOW, Paul	Unattached	Mens	364	147
365	2:23:56	HOWARD, Mark	Unattached	Mens40+	365	115
366	2:23:58	PETTIFER, John	Pitsea RC	Mens60+	366	11
367	2:24:00	BALL, Shirley	Bishops Stortford RC	Ladies55+	367	2
368	2:24:38	SHEWBRIDGE, Paul	Tiptree Road Runners	Mens50+	368	36
369	2:24:52	MCCLYMONT, Ian	Bishops Stortford RC	Mens60+	369	12
370	2:24:54	KETT, Matt	Tiptree Road Runners	Mens	370	148
371	2:25:10	EVANS, Simon	Unattached	Mens	371	149
372	2:25:23	CONNOLLY, Alan	Springfield Striders	Mens40+	372	116
373	2:25:39	LANE, Dave	Unattached	Mens40+	373	117
374	2:25:41	HEATHER, Paul	Unattached	Mens	374	150
375	2:25:51	MURPHY, John	Barnet & District	Mens40+	375	118
376	2:26:00	JOHNSON, Bob	Benfleet Rc	Mens50+	376	37
377	2:26:26	LOW, Tony	East Essex Tri-Club	Mens50+	377	38
378	2:26:28	MASKELL, Paul	Leigh Striders	Mens50+	378	39
379	2:26:41	HOLMES, Ray	Unattached	Mens	379	151
380	2:26:41	SHEEHAN, Pat	Unattached	Mens	380	152
381	2:26:42	PERRIN, Julie	Southend AC	Ladies35+	381	26
382	2:26:42	BEST, Madeleine	Unattached	Ladies	382	19
383	2:26:48	FINLAY, Brian	Dengie 100	Mens	383	153
384	2:27:05	FRIBBENS, Mark	Braintree AC	Mens40+	384	119

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## All Competitors

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
385	2:27:10	NORRINGTON, Alison	Thrift Green Trotters	Ladies35+	385	27
386	2:27:14	HOLT, Debbie	Dunmow Tri-Club	Ladies45+	386	15
387	2:27:18	STANNARD, Annette	Southend AC	Ladies35+	387	28
388	2:27:33	MEABY, Caroline	East London Runners	Ladies35+	388	29
389	2:27:41	WHITE, Geoff	Unattached	Mens40+	389	120
390	2:27:48	RAYNER, Andrew	Cottismere Striders	Mens40+	390	121
391	2:27:53	GILLMORE, Ricky	Benfleet RC	Mens40+	391	122
392	2:28:07	MCCULLAGH, Nick	Castle Point Joggers	Mens50+	392	40
393	2:28:16	DE SMEDT, Beryl	Phoenix Striders	Ladies45+	393	16
394	2:28:34	PRICE, Paul	Thrift Green Trotters	Mens50+	394	41
395	2:28:48	OWEN, Sarah	Basc	Ladies45+	395	17
396	2:28:53	BURGESS, Andrew	Maidstone Harriers	Mens40+	396	123
397	2:29:25	JOHNSON, Kirk	Benfleet Rc	Mens	397	154
398	2:29:40	LANGRIDGE-BROWN, Gary	East Essex Tri-Club	Mens40+	398	124
399	2:30:01	GARWOOD, Mark	Benfleet Rc	Mens40+	399	125
400	2:30:05	NORMANSELL, John	Unattached	Mens50+	400	42
401	2:30:28	RUMBOLD, Naomi	Bishops Stortford RC	Ladies35+	401	30
402	2:30:49	PETTIFER, Lorna	Pitsea RC	Ladies45+	402	18
403	2:31:11	WILSON, Stephen	Plumstead Runners	Mens50+	403	43
404	2:31:15	ATKINSON, John	East London Runners	Mens60+	404	13
405	2:31:19	BROMBOSZCZ, Tracie	Witham RC	Ladies45+	405	19
406	2:31:32	BRAITHWAITE, Michael	Unattached	Mens40+	406	126
407	2:31:34	ALLAM, Christopher	Unattached	Mens	407	155
408	2:31:42	FOSKEW, Ian	Mid Essex Casuals	Mens40+	408	127
409	2:31:45	MURPHY, Dean	Unattached	Mens	409	156
410	2:31:51	WILLIAMS, Roy	Thrift Green Trotters	Mens50+	410	44
411	2:32:05	RUNCIMAN, Lee	East Essex Tri-Club	Mens40+	411	128
412	2:32:18	CLARKE, Tina	Tiptree Road Runners	Ladies35+	412	31
413	2:32:19	LITTLESON, David	Springfield Striders	Mens	413	157
414	2:32:31	STEGGLES, Leigh	Benfleet Rc	Mens40+	414	129
415	2:32:37	BANNISTER, Sharon	Springfield Striders	Ladies35+	415	32
416	2:32:37	WILKINSON, Kevan	Serpentine Running Club	Mens50+	416	45
417	2:32:44	ALBISTON, Sue	Unattached	Ladies35+	417	33
418	2:32:58	KANE, James	East Essex Tri-Club	Mens40+	418	130
419	2:33:02	GILBEY, Ken	Unattached	Mens50+	419	46
420	2:33:17	HILL, Ray	Pitsea RC	Mens50+	420	47
421	2:33:36	SAWFORD, Chris	Unattached	Mens40+	421	131
422	2:33:46	MASON, Martin	Barking Road Runners	Mens60+	422	14
423	2:34:04	GREGORY, John	Havering90 Joggers	Mens60+	423	15
424	2:34:15	EVE, Paul	Unattached	Mens	424	158
425	2:34:18	FOSTER, Timothy	Unattached	Mens	425	159
426	2:34:19	MONTY, Alan	Unattached	Mens	426	160
427	2:34:22	VENNS-MUNNS, Hannah	East London Runners	Ladies	427	20
428	2:34:24	HATCH, Clive	Blackwater Tri-Club	Mens40+	428	132
429	2:34:27	BOYCE, James	Unattached	Mens	429	161
430	2:34:30	FONTAINE, Nancy	Thrift Green Trotters	Ladies45+	430	20
431	2:34:49	ENDERS, Scott	Unattached	Mens	431	162
432	2:35:03	LYNCH, Trudy	Bishops Stortford RC	Ladies35+	432	34
433	2:35:26	PHILLIPS, Karen	Pitsea RC	Ladies35+	433	35
434	2:35:46	HAMILL, Gary	Benfleet Rc	Mens50+	434	48
435	2:35:52	FRIBBENS, Dorinda	Braintree AC	Ladies45+	435	21
436	2:36:00	TAYLER, Sean	Unattached	Mens	436	163
437	2:36:13	BRIGHT, Stephen	Basc	Mens40+	437	133
438	2:36:31	PHELPS, Michael	Unattached	Mens40+	438	134
439	2:36:33	ROSE, Graham	Unattached	Mens	439	164
440	2:36:35	PASSINGHAM, Keith	Pitsea RC	Mens50+	440	49
441	2:36:38	WALSH, Kenneth	Colchester Harriers	Mens60+	441	16
442	2:36:43	LEWIS, Debbie	Witham RC	Ladies45+	442	22
443	2:36:46	SILVER, Sally	Canterbury Harriers	Ladies35+	443	36
444	2:37:10	KORTEN, Robert	Maidstone Harriers	Mens50+	444	50
445	2:37:30	JENKINS, Paula	Bearbrook Joggers	Ladies45+	445	23
446	2:37:30	DOWSEY, Ben	Unattached	Mens	446	165
447	2:37:32	ISON, Andy	Unattached	Mens	447	166
448	2:37:32	ISON, Cathy	Unattached	Ladies35+	448	37

## BENFLEET 15 - 2011

## All Competitors

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
449	2:37:34	RUSS, David	Unattached	Mens	449	167
450	2:37:44	PHILLIPS, Colette	Unattached	Ladies45+	450	24
451	2:38:07	FOLEY, William	Unattached	Mens40+	451	135
452	2:38:09	KINDER, Toby	Barking Road Runners	Mens40+	452	136
453	2:38:11	CROSS, Nichole	Unattached	Ladies	453	21
454	2:38:28	WHITE, Danny	Barking Road Runners	Mens	454	168
455	2:38:36	GAJBUTOWICZ, Andrzej	Victoria Park Harriers	Mens50+	455	51
456	2:38:52	MACAULAY, Sheila	Springfield Striders	Ladies55+	456	3
457	2:39:08	WATTS, Gary	Unattached	Mens	457	169
458	2:39:17	KLEIDER, Rob	East Essex Tri-Club	Mens	458	170
459	2:39:34	SEXTON, Christopher	Unattached	Mens	459	171
460	2:39:35	COTTRELL, Michael	Billericay Striders	Mens60+	460	17
461	2:39:35	URAL, Can	Unattached	Mens40+	461	137
462	2:39:36	BANTHORPE, Ian	Unattached	Mens	462	172
463	2:39:51	HARMER, Richard	Thrift Green Trotters	Mens40+	463	138
464	2:39:52	AKROYD, Jennifer	Dagenham 88	Ladies	464	22
465	2:40:00	PEGRAM, Steve	Benfleet Rc	Mens40+	465	139
466	2:40:23	BATTSON, Elaine	Victoria Park Harriers	Ladies35+	466	38
467	2:40:54	PULLEN, Leslie	Cambridge Harriers	Mens50+	467	52
468	2:40:59	RILEY, Joanna	Dagenham 88	Ladies	468	23
469	2:41:15	BADGER, Joanne	Unattached	Ladies	469	24
470	2:41:16	LENEY, Paul	Unattached	Mens	470	173
471	2:41:16	HILLS, Andy	Unattached	Mens40+	471	140
472	2:41:21	NUNN, Maxine	Unattached	Ladies35+	472	39
473	2:41:25	PORTER, Karen	Thrift Green Trotters	Ladies45+	473	25
474	2:41:35	DAW, Alasdair	Unattached	Mens	474	174
475	2:41:43	CORDINER, Peter	Unattached	Mens50+	475	53
476	2:41:56	MASSON, Andrew	Benfleet Rc	Mens50+	476	54
477	2:42:02	LEE, Graham	Unattached	Mens	477	175
478	2:42:05	WOODARD, Peter	Thurrock Nomads	Mens50+	478	55
479	2:42:07	WREN, James	Unattached	Mens	479	176
480	2:42:07	PEARMAN, Brad	Unattached	Mens	480	177
481	2:42:12	WILLIAMS, James	Plumstead Runners	Mens60+	481	18
482	2:43:05	KERR, Des	Unattached	Mens40+	482	141
483	2:43:17	FITSALL, Simon	Castle Point Joggers	Mens40+	483	142
484	2:43:25	MILES, Albert	Castle Point Joggers	Mens60+	484	19
485	2:43:31	RANDALL, Barry	Unattached	Mens50+	485	56
486	2:43:40	HOGARTH-JONES, Bruce	Mid Essex Casuals	Mens50+	486	57
487	2:43:47	ACTON, Steve	Benfleet Rc	Mens40+	487	143
488	2:43:52	HUNT, Aysin	Benfleet RC	Ladies35+	488	40
489	2:43:54	WHYTE, Ken	Benfleet Rc	Mens50+	489	58
490	2:44:09	GASCOIGNE, Ian	Unattached	Mens50+	490	59
491	2:44:13	WOOD, Derek	Challenge Central	Mens	491	178
492	2:44:39	BALL, Becky	Unattached	Ladies35+	492	41
493	2:44:49	DELANEY, Mark	Unattached	Mens	493	179
494	2:44:56	BURNS, Sarah	East London Runners	Ladies35+	494	42
495	2:45:15	MOLLINGHOFF, Amelie	Springfield Striders	Ladies	495	25
496	2:45:42	CROUCHMAN, Simon	Unattached	Mens40+	496	144
497	2:45:51	BABBAGE, Gemma	Billericay Striders	Ladies	497	26
498	2:46:02	TOWNS, Jill	Unattached	Ladies45+	498	26
499	2:46:11	LITTLE, Gina	Plumstead Runners	Ladies55+	499	4
500	2:46:14	EASTLAND, Diane	Pitsea RC	Ladies	500	27
501	2:46:57	EDWARDS, Jacqueline	Springfield Striders	Ladies	501	28
502	2:47:41	RANT, Robert	Dagenham 88	Mens50+	502	60
503	2:47:48	BEST, Mark	Unattached	Mens40+	503	145
504	2:47:52	HOOOPER, Simon	Unattached	Mens40+	504	146
505	2:47:55	GROVES, Vicki	Barking Road Runners	Ladies35+	505	43
506	2:47:55	ISSA, Salim	Barking Road Runners	Mens40+	506	147
507	2:47:57	COURTIER, Robert	Barking Road Runners	Mens50+	507	61
508	2:48:18	MARTIN, Donna	Unattached	Ladies	508	29
509	2:48:21	MURRAY, Jennifer	Unattached	Ladies	509	30
510	2:48:28	LAMMIN, Cally	Phoenix Striders	Ladies	510	31
511	2:48:36	PATIENCE, Kevin	Unattached	Mens40+	511	148
512	2:48:50	LAMMIN, Barry	Unattached	Mens40+	512	149

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
513	2:48:50	LAMMIN, Barbara	Phoenix Striders	Ladies35+	513	44
514	2:49:27	REMFRY, Daniel	Benfleet Rc	Mens	514	180
515	2:49:55	SCALES, Robin	Tri-Sport Epping	Mens50+	515	62
516	2:50:00	LUCK, Ron	Harlow RC	Mens60+	516	20
517	2:50:19	ROBERTSON, Andrew	Unattached	Mens	517	181
518	2:50:51	BELL, Martin	Unattached	Mens40+	518	150
519	2:50:53	FORRESTER, Jane	Springfield Striders	Ladies45+	519	27
520	2:51:05	CALLAGHAN, Nicole	Springfield Striders	Ladies35+	520	45
521	2:51:05	ARMITAGE, Mark	Castle Point Joggers	Mens40+	521	151
522	2:51:47	LEE, Bill	Unattached	Mens50+	522	63
523	2:52:21	SPENCER-PERKINS, Dennis	Barking Road Runners	Mens50+	523	64
524	2:52:33	BALLIE, Phillippa	Benfleet Rc	Ladies	524	32
525	2:52:35	WIJAYATILAKE, Lilani	Barking Road Runners	Ladies45+	525	28
526	2:52:39	SHARP, Amanda	Unattached	Ladies	526	33
527	2:53:07	DAVENPORT, Phillip	Billericay Striders	Mens40+	527	152
528	2:53:18	WILSON, Kenneth	Newham and Essex Beagles	Mens40+	528	153
529	2:54:01	BLOOMFIELD, Valerie	Running 4 Women	Ladies35+	529	46
530	2:54:13	SIGRIST, Hugh	Unattached	Mens50+	530	65
531	2:54:27	EMBERY, Melissa	Dagenham 88	Ladies35+	531	47
532	2:54:34	CLAPTON, Beverley	Unattached	Ladies	532	34
533	2:55:32	ROWELL, Barry	Havering90 Joggers	Mens40+	533	154
534	2:56:50	FLEMING, Roy	Billericay Striders	Mens	534	182
535	2:57:11	CARTY, Lorraine	Unattached	Ladies	535	35
536	2:58:23	SCALLAN, Fraser	Unattached	Mens	536	183
537	2:58:55	REEMAN, Grace	Unattached	Ladies	537	36
538	2:59:36	FULLBROOK, Lee	Unattached	Mens	538	184
539	2:59:59	BELL, Chris	Pitsea RC	Mens40+	539	155
540	3:01:23	STOKES, Cheri	Benfleet Rc	Ladies35+	540	48
541	3:02:21	BALL, Michelle	Thrift Green Trotters	Ladies45+	541	29
542	3:02:36	JACKSON, Heather	Pitsea RC	Ladies55+	542	5
543	3:02:42	ASHLEY, Phillip	Benfleet Rc	Mens40+	543	156
544	3:03:07	BAINES, Lynne	Tiptree Road Runners	Ladies35+	544	49
545	3:03:07	SHILLING, Dawn	Tiptree Road Runners	Ladies	545	37
546	3:03:45	HALL, Martin	Unattached	Mens40+	546	157
547	3:04:12	DOHERTY, Steve	Unattached	Mens50+	547	66
548	3:04:34	SWAN, Michael	Barking Road Runners	Mens50+	548	67
549	3:04:34	SPENCER, Sally	Barking Road Runners	Ladies35+	549	50
550	3:04:47	MAGUIRE, Brendan	Unattached	Mens	550	185
551	3:04:58	JOLLY, Adrian	Unattached	Mens	551	186
552	3:05:59	WRIGHT, Sue	Unattached	Ladies45+	552	30
553	3:06:03	MARRIOTT, Catherine	RSPB Association	Ladies55+	553	6
554	3:06:33	JONES, Richard	Serpentine Running Club	Mens40+	554	158
555	3:07:36	ELTHAM, Heather	Thrift Green Trotters	Ladies45+	555	31
556	3:07:39	CLARE, Sylvia	Thrift Green Trotters	Ladies45+	556	32
557	3:08:08	ASH, Richard	Barking Road Runners	Mens40+	557	159
558	3:08:18	SAMUEL, Karen	Orpington Road Runners	Ladies45+	558	33
559	3:08:21	PATCHING, Katrina	Orpington Road Runners	Ladies45+	559	34
560	3:08:45	GORDON, Nicola	Pitsea RC	Ladies	560	38
561	3:09:45	BOARDMAN, Sharon	Unattached	Ladies35+	561	51
562	3:10:00	KING, Denise	Orpington Road Runners	Ladies45+	562	35
563	3:10:37	CLARKE, Penelope	Witham RC	Ladies45+	563	36
564	3:10:52	LEUNG, Tina	Thrift Green Trotters	Ladies55+	564	7
565	3:11:26	GOSNOLD, Jacqui	Unattached	Ladies35+	565	52
566	3:11:48	ADGER, Madeline	Plumstead Runners	Ladies	566	39
567	3:11:48	COLE, Ernie	Plumstead Runners	Mens50+	567	68
568	3:13:21	PHILLIPS, Tony	Benfleet Rc	Mens40+	568	160
569	3:17:17	TANNER, Julia	Unattached	Ladies45+	569	37
570	3:18:18	DAVIDSON, David	Pitsea RC	Mens40+	570	161
571	3:18:34	SHORNEY, Gail	Unattached	Ladies	571	40
572	3:18:44	EASTLAND, Sharon	Pitsea RC	Ladies	572	41
573	3:18:54	SCRIVENER, Keith	Great Bentley RC	Mens60+	573	21
574	3:19:04	SHEEDY, Sara	Unattached	Ladies35+	574	53
575	3:19:16	COULDRIDGE, Claire	Unattached	Ladies35+	575	54
576	3:21:29	KEITH, Lisa	Mid Essex Casuals	Ladies35+	576	55

**BENFLEET 15 - 2011****All Competitors**

Pos	Time	Competitor	Club	Age Group	Pos	Age Pos
577	3:21:38	JONES, David	Mid Essex Casuals	Mens40+	577	162
578	3:22:03	MORRIS, Teresa	Mid Essex Casuals	Ladies35+	578	56
579	3:22:03	WESSON, Sarah	Mid Essex Casuals	Ladies	579	42
580	3:33:59	EDWARDS, Tony	Castle Point Joggers	Mens60+	580	22
581	3:36:46	WILKINSON, Liz	Serpentine Running Club	Ladies35+	581	57
582	3:46:42	ROSE, Elizabeth	Unattached	Ladies35+	582	58
583	3:53:42	ODDIE, Elaine	Road Runners Club	Ladies55+	583	8

**Entries-700**  
**Finishers-583**

Percentage of finishers-83%